

# FOOTPRINT

Hill House School

Cambian  
INTERNATIONAL SCHOOL

Edition #19 2022

Promoting happy, healthy and sustainable living at Hill House and beyond.



**The best things in life are trees**

Trees play an incredible role in combating climate chaos. They help to clean the air we breathe by absorbing harmful carbon dioxide from the atmosphere, filter the water we drink, and provide habitat to over 80% of the world's terrestrial biodiversity. There are so many initiatives encouraging everyone to plant more trees and Hill House is playing its part.

Friends of the Earth want to double UK woodland cover by 2045 to tackle the climate emergency and make more space for nature. Increasing tree cover is an essential part of a range of measures needed to fight climate change - including eating less and better quality meat and dairy, which itself will free up more land for trees and woodlands.



**Friends of the Earth**

## WOODLAND TRUST



As the UK's largest woodland conservation charity, the Woodland Trust have been planting and protecting woodland across the country since 1972. They give away

hundreds of thousands of tree saplings to schools and communities every year and sell affordable starter packs so that everyone can plant more trees!

In addition, their Green Tree Schools Award encourages young people to learn more about trees, woods and wildlife.



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Schools are rewarded for doing environmental projects such as tree planting, reducing CO<sub>2</sub> emissions and visiting woods. Points are collected for each activity and the projects are ideal for gardening and eco clubs too, as well as contributing to other award schemes such as [Eco-Schools](#). Hill House already hold a [Green Tree Schools Gold Award](#) and we are now aiming for Platinum, as well as applying for the [Eco-Schools Green Flag Award](#)!



## PLANT A TREE DAY



We are so lucky at Hill House to have 6 acres of land, which we plan to use and access more sustainably. Mark your calendars! Friday, 22<sup>nd</sup> April is [Earth Day](#), a day to demonstrate and promote environmental awareness. To mark this day, we hope that every young person at Hill House will have the chance to plant a sapling to create a "Calming Copse" of trees; a peaceful spot to encourage mindfulness as well as being an oasis for birds and other wildlife.

## PLANT BRITAIN

BBC Countryfile [Plant Britain](#) wants to get everyone planting in a big ambitious two-year project to do our bit in the battle against climate change and to help wildlife and our well-being. It doesn't matter where you live or however small a space you have, you can help! Have you thought about a micro-forest in a window box?



## REWILDING

rewilding  
britain



The goal of rewilding is to help nature help itself so it can thrive. There is, quite literally, nothing you have to do, apart from engaging other people to follow your lead. If you need some help to get started though, try following Rewilding Britain's [12 steps to rewilding](#).

[#MAKEONECHANGE](#)

What one change can you make today?