

Super 60 Challenge

In celebration of the National Autistic Society's 60th Anniversary we will be taking a daily 'Super 60 Challenge' for the duration of World Autism Acceptance Week.

From baking cakes, running, walking or cycling to getting creative with art and music, you can choose anything to the theme of 60 to raise funds for the National Autistic Society.

What will you do for your 'Super 60 Challenge'?



Do
60
star jumps



Bake
60
cakes



Draw
60
pictures



Sing for
60
minutes



Stand on one leg for
60
seconds



Choose your own Super
60
Challenge

World Autism Acceptance Week

28 March - 3 April 2022

For more information go to www.autism.org.uk