

CAMBIAN DILSTON COLLEGE

QUALITY OF LIFE

In Collaboration with Swalcliffe Park School

 Swalcliffe Park School

'Quality of Life' is a framework of how Dilston College will be collaboratively working to ensure everything we do is geared to improving the lives of our students and their families.

Through this collaboration, we will be able to support the individual student and place them, and their families at the centre of everything we do.

To enable this supportive approach, we need to work together to learn about the impact that autism and other complexities have had on family life.

The responses from families, carers and guardians will be used to inform us of how we can find ways to provide help and support the best that we can.

AN INTRODUCTION TO QUALITY OF LIFE AT DILSTON COLLEGE.

'Quality of Life' is a framework which Dilston College will be implementing to ensure everything we do is geared to improving the lives of our students and their families. Our intention is for all of our young people to live happy, healthy and meaningful lives. Therefore we'd like to identify what matters to them by questioning what makes our learners happy and what they'd like to do with their lives during and after leaving college. To enable this supportive approach we need to work closely with our learners families and/or carers to find out what impact autism and other complexities have had on family life.



The responses we receive from our young people and/or their support network are used to inform us of ways we can provide help and support to families and learners the best that we possibly can. This will ultimately lead to a better quality of life for our young people and also their families.

Key workers in the college will support our young people with their communication, independence, achievement and self-management. These are called our 'four why's' because everything we do is to promote, support and develop these four key areas to shape our young people now, and in the future.

Key Ideas for Quality of Life

- Students, families and key workers will learn and collaborate information to gather the best outcome for our young people.
- Recognising that everybody has a 'Quality of Life'.
- Understanding that everybody has a future.
- Becoming part of the network of educational provisions and sharing 'Quality of Life' best practice.
- Allowing our young people to contribute to local communities.
- Helping our young people to develop resilience, self-esteem, confidence and their identity.



WHAT IS QUALITY OF LIFE AND THE RATIONALE BEHIND ITS DEVELOPMENT?

'Quality of Life' is a subjective and ambiguous term for how we observe a very different for a range of individuals. However, these individuals may have the same difficulties and/or barriers to life and live in the same context or environment.

At Cambian Dilston College, we understand and recognise the importance of academic achievement, especially for young people who could potentially be the most vulnerable and marginalised in society. In a collaborative and balanced focus, we are also appreciative that the development of knowledge, skills and behaviours are also key in the development of independence, participation and the individual young persons well-being.

It's our belief that skills, knowledge and behaviour all hold equal weight and value of importance. This ensures that each of our young people have the experience and opportunities to reach their full potential. This is an approach that we undertake with help from the Education, Care and Clinical team who all work together to create a holistic approach that is supportive of the individuals and their carers/families needs. We aim to support all different and important aspects of young people's lives to ensure that the individual is at the centre of everything we do.

It is from this collaborative and holistic approach that we are able to support the young person and their families through the identification of any pertinent issues they feel are relevant now, or in the immediate future.

We aim to set targets and create support strategies which will be implemented into their day-to-day life at Dilston College, with a focus on the improvement and attainment of core targets being met for everybody involved.



10 KEY THEMES THAT MAKE UP THE INDEPENDENCE PLUS CURRICULUM



MY SELF CARE



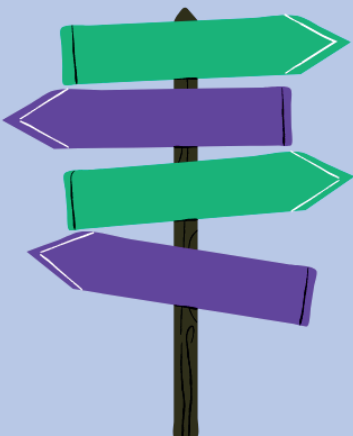
MY ENVIRONMENT

MY FUTURE



MY FINANCES

MY TRAVEL



**MY
COMMUNITY**



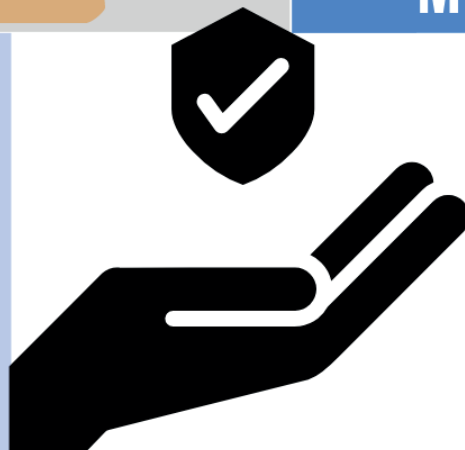
MY RELATIONSHIPS



MY WELLBEING



MY ORGANISATION



**MY
SAFETY**



MY QUALITY OF LIFE

ALL ABOUT ME?
WHAT MAKES ME HAPPY?
WHAT DO I WANT TO DO?

OUR FAMILIES QUALITY OF LIFE

ALL ABOUT US?
WHAT MAKES US HAPPY?
WHAT DO WE WANT TO DO?

WE AIM TO COLLECT DATA THROUGH:

STUDENT SURVEYS AND CONVERSATIONS

FAMILY SURVEYS AND CONVERSATIONS

FROM THESE SURVEYS WE CAN IDENTIFY:

STUDENT TARGETS AND OTHER ISSUES

COMMUNICATIONS

SELF-MANAGEMENT

INDEPENDENCE

ACHIEVEMENT

HOW WE CAN SUPPORT WITH FAMILY ISSUES

SCHOOL SUPPORT

FAMILY TO FAMILY

HOME SUPPORT

TRAINING



AND WORK TOGETHER TO APPLY PROVISIONS AND ACTIONS SUCH AS:

STUDENT PLANS

KEY WORKING

FAMILY PLANS

COMMUNICATIONS

SELF-MANAGEMENT

INDEPENDENCE

ACHIEVEMENT

SCHOOL SUPPORT

FAMILY TO FAMILY

HOME SUPPORT

TRAINING

LET'S WORK TOGETHER TO HAVE A POSITIVE AND LIFE-CHANGING IMPACT ON EVERYBODY'S QUALITY OF LIFE!