FOOTPRINT



Fdition # 14 2022

Promoting happy, healthy and sustainable living at Hill House and beyond.

BIG SCHOOL BIRDWATCH

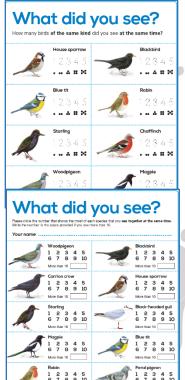
We are so fortunate at Hill House to be located in the beautiful New Forest. This gives us the perfect opportunity to appreciate land and nature in so many ways, as well as learn more about what we can do to help wildlife in their natural habitats.



On Thursday, 6th January, Hill House took part in the RSPB <u>Big</u> <u>School Birdwatch</u>. All of the young

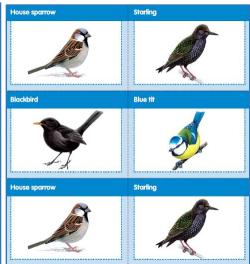
people were out and about looking for birds of all kinds to complete the survey and submitted their results online with other schools across the country.





The day was full of fun and educational birdwatching activities, including Big Card watching games, where students learned key facts about each type of bird, and matching pair games, where they had to look really carefully to find the picture that was the same.









FOOTPRINT

Fdition # 14 2022

Students also made their own bird feeders, which were hung up outside the classrooms. The day was a great opportunity to learn about the birds that we are so lucky to see in our school environment and bird watching will now become a regular part of the school day!









There are lots of ways to <u>help birds in the garden</u>: putting out clean water and food, making a bird bath and putting up nest boxes and preparing nesting sites. It's not too late to become involved at home either. You can sign up to take part in the <u>Big Garden Birdwatch</u> and count the birds you see in your area park for one hour between 28th and 30th January.

LET'S EAT!



Young people at Hill House are able to enjoy a wide range of healthy food options in our Let's Eat Café and through our Let's Eat leaflet scheme that encourages the preparation of freshly cooked meals in their own homes.

Plans are now underway to open a <u>Let's Eat Bird Café</u> that we hope will encourage birds all year round. Watch this space!

#MAKEONECHANGE

What one change can you make today?



