## **RE Trip**

The students took part in an RE trip visiting a Buddhist Centre, Mosque and Cathedral. The purpose of the trip was to build tolerance and respect towards people of different faiths and cultures.

During the visit the students were given the opportunity to try some meditation techniques to clear the mind of negative thoughts and emotions.

At the Mosque, the Imam explained the basic principles of Islam and why it is important for Muslims to pray 5 times a day. We were able to hear the call to prayer and part of the prayer that is recited. The students were all impressed with the discipline shown by young Muslims to memorise the Quran.

At the Cathedral we were given a guided tour and learnt about the symbolism of many features and some history of the Cathedral. Hopefully they can all remember which famous clock is the same size of Exeter Cathedral!





