



Nurture in Nature



Over 3 weeks in October / November Hill House planned some additional opportunities for young people to experience a range of nature focused activities both around the school and out and about in the local area. We are so lucky to be in the New Forest with all it has to offer and it was the perfect time of year to take advantage of this.

Nurture in Nature helps all of us to be mindful and to take opportunities to relax and enjoy being together.

Week One

Monday 21 st October	Tuesday 22 nd October	Wednesday 23 rd October	Thursday 24 th October	Friday 25 th October
Activities: Eco cabin nature crafts Connect and play in the hall with toys and games Music Expressive Arts Club	Activities: Eco cabin nature crafts Connect and play in the hall with toys and games Toasting Marshmallows by the campfire in the allotment! Nurture sessions	Activities: Eco cabin nature crafts OT sessions Football with Saintsability in the Hall. Relaxation in the OT room (massages and deep pressure training) Nurture sessions	Activities: Eco cabin nature crafts Connect and play in the hall with toys and games Trip to the Isle of Wight for two young people Sensory play in the hall (Life cycle of a frog) OT sessions Nurture sessions Food explorers club	Activities: Eco cabin nature crafts Connect and play in the hall with toys and games Pumpkin Festival outings OT sessions Nurture sessions





