

## Special Activities and Achievements

### Autumn Term 2025

Opportunities to develop Communication – Self Regulation –  
Resilience – Independence and Discovery

### Discovery Month

Discovery September offered the opportunity for young people to explore a range of different activities in a variety of locations

These helped young people to engage with the world around them and with each other in meaningful ways

It enabled young people to develop their resilience and confidence whilst discovering new experiences

SEPTEMBER DISCOVERY MONTH				
SPORT AND FRIENDSHIP CLUB	LIFE SKILLS AND COMMUNICATION	SPORT AND FRIENDSHIP CLUB	LAND SCIENCE - ALLOTMENT	READING AND PHONICS
ART AND SCIENCE CLUB	ECO CLUB	CAREERS CLUB - COOKING	ATTENTION AUTISM SESSION	FOOTBALL CLUB
NUMERACY AND LOGIC GAMES	EXPRESSIVE ARTS	NURTURE CLUB	MUSIC CLUB	FILM CLUB

# Pass the PEDALL festival 2025

PEDALL is an organisation who provides inclusive cycling in the New Forest with the aim of making cycling available to everyone

They have a diverse fleet of specialist cycles with options to suit all needs

Young people from Hill House love going out into the forest each week for the PEDALL cycling sessions

This year a group of young people from Hill House took part in the 'Pass the PEDALL' event



This was a one day fundraising community event where everyone could join in. Riders passed the PEDALL baton cycling round the track aiming for a collective target of 1,407 kilometres – the distance from Lands End to John O’Groats!

This was a sponsored event where all proceeds went to PEDALL to help them to continue to bring cycling to all!

Everyone was very excited to arrive, piling out of the minibus to jump on their bikes

Off they went with such excitement and thoroughly enjoying the ride

There was much pedalling and lots of laughter as the group were cheered on by family and friends

With tired (and slightly wobbly!) legs, the group left their bikes to receive their medals and special event t – shirts, feeling so proud of their achievements

Then it was ice creams all round!

The event was a lovely way to involve Hill House in their local community, keep fit and also raise important funds for such a worthwhile cause

Hill House raised £890!

Well done everyone!!!









## Hill House Harvest Festival Celebration

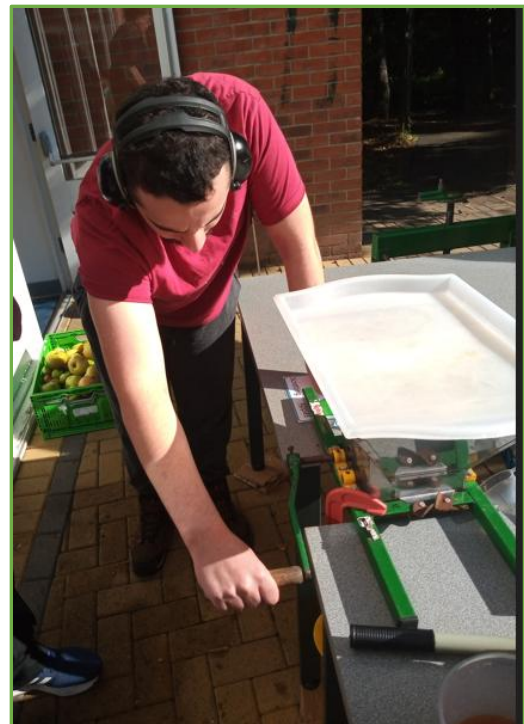


Young People came together to celebrate the autumn season and enjoy a day filled with fun activities, delicious apples and Hill House Community spirit!

This year there was a special `apple` themed day with seasonal activities for everyone to enjoy. Apple pressing equipment was borrowed from the local community and the day was busy with apple washing; chopping; scratting; pressing; bottling and of course tasting!

The sun shone and everyone got stuck in, following directions on the production line and learning new skills along the way, creating delicious, fresh apple juice.

The day was the perfect way to celebrate harvest and come together to experience something truly different but great fun!





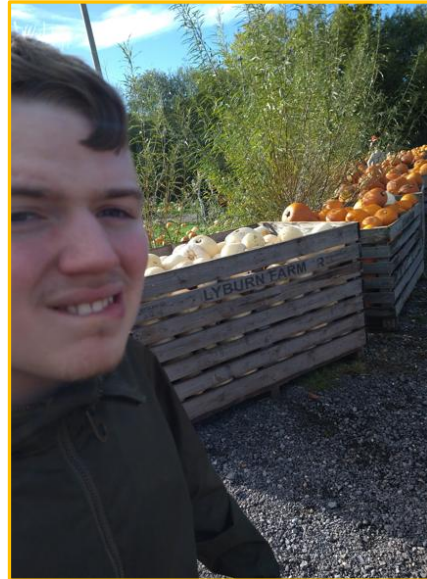
# Pumpkin Festival



As part of our autumn celebrations, young people had the opportunity to visit the local pumpkin festival

It was a great day out where there were lots of different displays to look at and pumpkins to see!

Everyone chose a pumpkin to bring back to HHS to carve for that special day!



# Anti – Bullying Week at Hill House



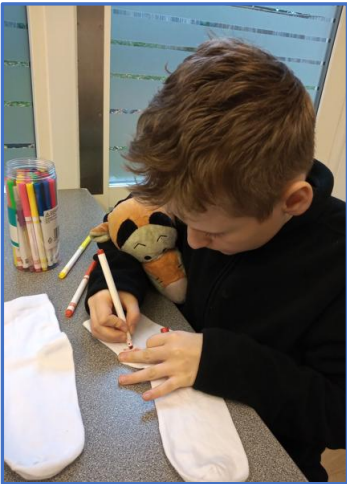
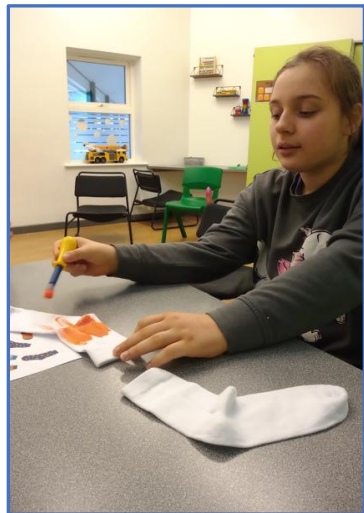
Hill House celebrated National Anti – Bullying Week. This year the theme was `Power for Good`  
There were lots of fun activities to take part in throughout the week where everyone was welcome to join in. These included;

- ❖ Designing and decorating our socks for `odd sock day`
  - ❖ Creating a special Kindness Tree
- ❖ Listening to stories about kindness and celebrating differences
  - ❖ Playing the kindness challenge!
- ❖ Sensory circle activities – passing different objects to each other and promoting sharing
  - ❖ Making friendship bracelets for our friends
- ❖ Going along to a friendship club where we could share the things we enjoy the most
  - ❖ Making super hero capes
- ❖ Creating anti – bullying posters for our classrooms
  - ❖ Special anti – bullying celebration party

The week provided a valuable opportunity to learn more about being kind to each other and there were so many fun ways to join in!

Monday (odd sock day)	Tuesday (kind hands, kind words)	Wednesday (together we are strong)	Thursday (standing up for others)	Friday (we are all Heroes!)
1.1 PPT - Anti-Bullying Week 2025	2.1 PPT – Different Bullying Scenarios	3.1 PPT – Friendship and What it Means	4.1 PPT – I Can Help Others	Power of Good Poster – Create a big class poster using photos and artwork from the week
Design Your Own Sock – Using different materials (1.2)	Kind Hands Painting – Each Handprint represents a kind action (Ex. Helping, sharing...)	Friendship Bracelets – Once the bracelet is finished, encourage the students to choose a person from the school to give it to.	4.2 PPT – My Actions Have Consequences	
Sorting Socks – Same and Different Game (1.3&1.4)	Kind vs Unkind Sorting Game (2.2&2.3)	Friendship Puzzle – We all Fit Together – Each student/adult in the class decorates a puzzle piece with their name/photo (3.2)	Is This the Right Thing to Do? (4.3)	Sensory Story – Have you Filled a Bucket Today? (5.1) Discuss – filling buckets=kind acts, emptying buckets=unkind acts
<b>Lunch</b>				
Sensory Story – Elmer the Patchwork Elephant (reinforce: different is good / we are all different / difference makes us special)	Kindness Challenge Cards (2.4) – Individually, in pairs or small groups, encourage students to try the challenge on the cards	Friendship Music Time – Students choosing different songs, join in playing instruments, clapping or dancing	Superhero Capes – Make and decorate fabric/paper capes	Kindness Hero Certificates – students helping making one for one of their friends
	Kindness Paper Chain – Our Power of Good (Students to write, draw or add details of kind acts that they can do)	Friendship Club – Playing games, taking turns, sharing	Kind Cards for your Actions – Students to make kind cards for any person at HHS that has done a kind action	Anti-Bullying Celebration Party
Odd Sock Catwalk – Celebrating Differences	Sensory Circle - Pass the Kindness – Sit on a circle, pass a soft toy and encourage students/adults to say one kind thing about the child receiving it			







## Fun on the slopes!

Three young people had the opportunity to try skiing for the first time!

Calshot Activity Centre provided the perfect location for a special Friday afternoon activity  
Everyone found the right boots that were comfortable and then collected their helmet and skis

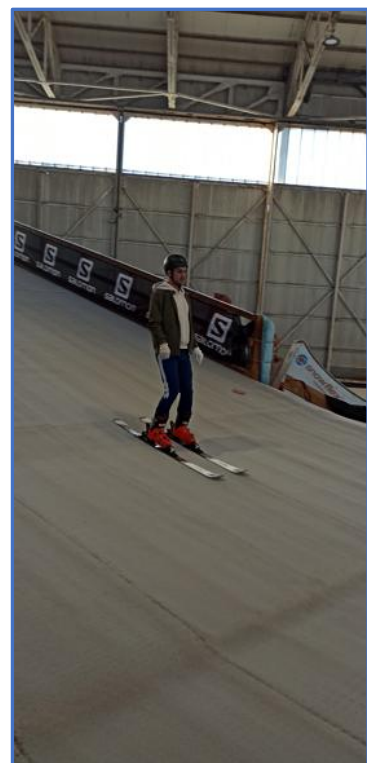
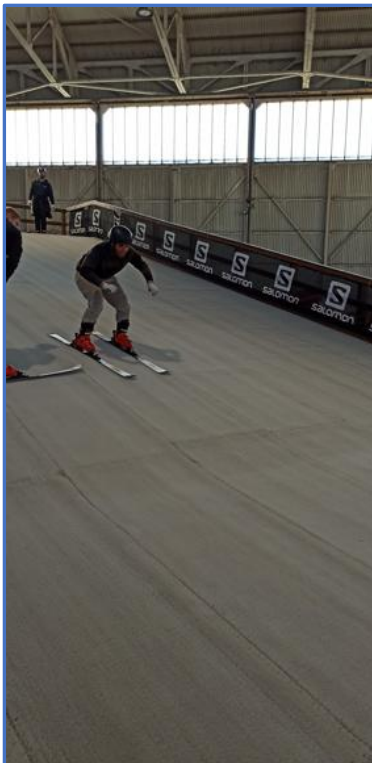
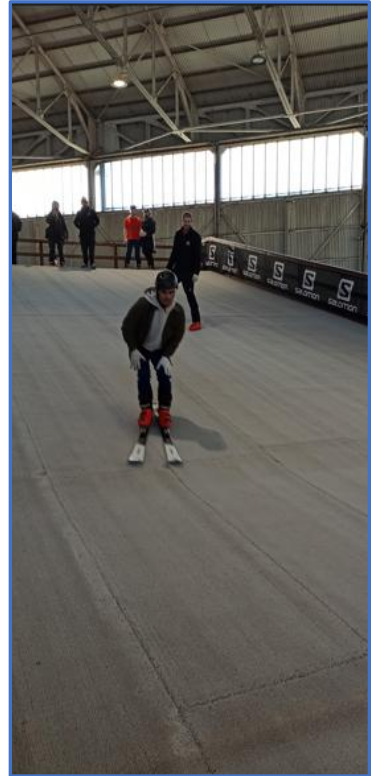
The instructions and guidance were very important and everyone listened very carefully

The best bit was skiing down the slope which was so exhilarating!

Everyone came back to Hill House buzzing with excitement and ready to go again soon

The young people demonstrated such confidence in an activity that they had never tried before  
and it was credit to their resilience that their first skiing experience was such a success!







## Music for Autism – visit from Derek Paravicini

Hill House were privileged to have a visit from Derek Paravicini who is part of 'Music for Autism'

These visits are always so special and are such a treat for everyone

Derek is an incredible musician and is able to play any song from memory

The hall was set up with several keyboards so that young people could play along and an array of requests flooded in

This experience offered connections with music and people and a coming together

As always, it was a truly memorable day





## Railway 200 event



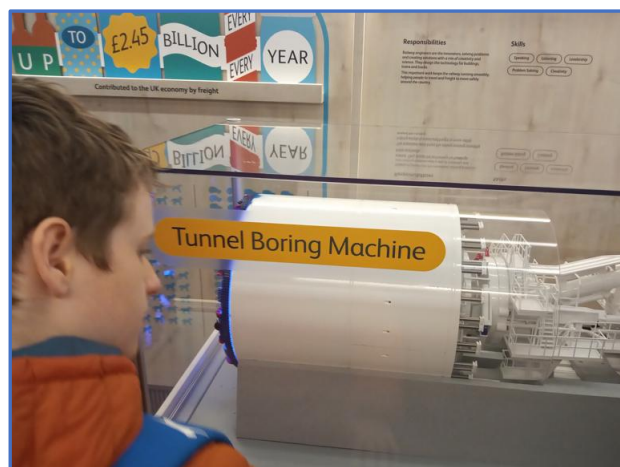
2025 is the 200<sup>th</sup> anniversary of the birth of the modern railway

The `Railway 200` event celebrated the past, present and future of the railway and a special exhibition train came to Southampton central station

This was a great opportunity for young people to get on board the railway 200 train and explore a range of interactive experiences based on the four main themes of; skills and education;

innovation, technology and environment; heritage, culture and tourism and celebrating railway people

There was information and models about how tunnels were built, you could programme your own train, manipulate a landscape for trains to go over hills and bridges and try on the VR headsets to experience train travel at its best!





## Bournemouth Pantomime

The panto season got underway with a special outing to see `Cinderella` at the Bournemouth Pavilion

Everyone enjoyed the colourful set, glittering costumes, music and dancing

This was a lovely way to end the term and we look forward to welcoming the Treehouse theatre to HHS in January for their performance of `Alice in Wonderland`



# Hill House Christmas Celebrations 2025



Throughout December there was a special schedule of events that everyone could enjoy.....

**Carol Practice** – Every Tues and Thurs 11.00 – 11.30 in the Juniper Hall

**Railway 200 Event** – Dec 15<sup>th</sup>

**Cinderella Pantomime at Bournemouth Pavilion** – Dec 16<sup>th</sup>

**Hill House Christmas Show** - *'The Night of the Saviour's Birth'* - Thurs 18<sup>th</sup> Dec am. Everyone is welcome to join in. Starting in the hub and following the star to the hall. Props will be made during art and expressive arts sessions by Paula and John

**Southlands School Pantomime Dress Rehearsal** – Thurs 18<sup>th</sup> Dec pm

**Hill House Christmas / End of term celebration** – Fri 19<sup>th</sup> Dec 2pm

Throughout December, young people have been getting ready for a special Hill House Christmas show. They have been practising carols, making costumes and props and rehearsing their parts

Everyone had a part in the performance of *'The Night of the Saviour's Birth'*

The school gathered in the courtyard in the pouring rain and followed the Star to the Juniper Hall where the story of the nativity was shared

There were kings and shepherds, angels and sheep!

It was a wonderful event that the whole school contributed to and we are already looking forward to the Easter production!







To end the autumn term and indeed the year, we invited family and friends to join us for a Christmas Celebration

There were carols, a presentation of achievements and mince pies afterwards

Everyone enjoyed coming together to celebrate another special year



Autumn Term Achievements included;

- ❖ Joining in and having fun on the Ringos, and for showing great resilience adapting so well to college life and your new home
- ❖ Helping to clean the buses every Thursday and becoming more engaged during trips out and about
- ❖ Using your communication book to make requests for the things you want
- ❖ For continued learning in using different forms of technology to communicate
- ❖ Adapting so well to Hill House and for demonstrating incredible artistic talents
- ❖ Learning about healthy living and completing a mile a day walk!
- ❖ For hard work at the Red Lion every Friday and for your participation during many school trips out and about
- ❖ For taking part in work experience at the Fruit Farm, going to Tile Barn, Pedall, Calshot and Ringos. Also, for your wonderful curiosity in learning to write words using any resource you find, such as books, puzzle letters and fridge magnets!
- ❖ For building stronger relationships with everyone and for your impressive ability to learn words from different languages
- ❖ For making new friends and working well as part of a team
- ❖ For always being willing to try new activities and for being a great help during work experience
- ❖ For brightening everyone's day with your incredible dance moves and for your determination and effort in learning
- ❖ For being able to visit the classroom each day and start to join in some group activities with your friends
- ❖ For being so confident using the climbing wall at Tile Barn and climbing so high!
- ❖ Well done for working so hard on your reading
- ❖ For using your VOCO chat on your Talk Pad
- ❖ For doing so well during the first few days at HHS, finding your way round and getting to know some new friends
- ❖ Demonstrating excellent use of your emotions toolbox and choosing `clever actions` when you need them
- ❖ For demonstrating excellent knowledge during numeracy lessons
- ❖ For doing so well during PE lessons
- ❖ For spending more time in the classroom and going out and about
- ❖ For significantly increasing your independence. You have become a fantastic role model for your new friends, demonstrating kindness, support and friendship
- ❖ For your wonderful progress in building stronger connections with your friends. Its fantastic to see you spending more time engaging in activities together
- ❖ Well done for your discovery and enjoyment of the topic of the Iron Age in thematic learning
- ❖ Congratulations on sharing your creativity and producing a wonderful comic all by yourself
- ❖ For doing some amazing work during PE lessons

