



AROUND SCHOOL



# MENTAL HEALTH



**AWARENESS WEEK**



**11<sup>TH</sup> - 15<sup>TH</sup> MAY**



Let's come together to support each other,  
raise awareness and look after our  
**MINDS, BODIES AND WELLBEING.**



## BREAKFAST CLUB



**8.45 - 9.15 AM  
IN THE HUB**

Start your day the right way!  
Join us for a relaxed start with  
food, friends and good vibes.



## LUNCHTIME ACTIVITIES



JOIN US IN THE HUB TO:



**CREATE A LARGE FUN ART BOARD**

Show your creativity and help promote our specialist interest!



**A SPACE TO RAISE AWARENESS FOR MENTAL HEALTH**

Share ideas, messages and support each other.



Be kind.  
Be you.  
Be supported.



**TOGETHER, WE CAN MAKE A DIFFERENCE.**



**Thrive**