

SOUTHLANDS SCHOOL

2025 – 2026 Menu B

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Chicken and Bacon
Burger



Vegetarian

Bean Burger



Waffle / Rosti /
Potato Fry



Veg Sticks



Alternate

Jacket Potato



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Main

Roast Chicken



Vegetarian

Quorn Fillet



Roast Potatoes



Seasonal Veg



Alternate

Jacket Potato



Salad Bar / Sandwich



Pudding of the Day



Main

Beef Cannelloni



Vegetarian

Spinach Tortellini



Garlic Bread



Salad



Alternate

Jacket Potato



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Main

Chicken Katsu



Vegetarian

Vegetarian Katsu



Rice



Stir Fry



Alternate

Jacket Potato



Salad Bar / Sandwich



Pudding of the Day



Main

Cod Bites



Vegetarian

Vegetarian Bake



Chips



Beans or Peas



Alternate

Jacket Potato



Salad Bar / Sandwich



Pudding of the Day

