

SOUTHLANDS SCHOOL

2026 – 2027 Menu C

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pesto Pasta with
Grilled Chicken



Vegetarian

Pesto Pasta



Garlic Bread



Roast
Mediterranean Veg



Alternate

Jacket Potato



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Main

Pie



Vegetarian

Vegetarian Pie



Mash Potato



Seasonal Veg



Alternate

Jacket Potato



Salad Bar / Sandwich



Pudding of the Day



Main

Pulled Pork



Vegetarian

Mac and Cheese



Macaroni



Roasted Butternut
Squash



Alternate

Jacket Potato



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Main

Chinese Noodles



Vegetarian

Tofu Stir Fry



Noodles



Stir Fry



Alternate

Jacket Potato



Salad Bar / Sandwich



Pudding of the Day



Main

Fish and Chips



Vegetarian

Quorn Nuggets



Chips



Peas



Alternate

Jacket Potato



Salad Bar / Sandwich



Pudding of the Day

