

Specialist residential care services

- Deaf or profound hearing impairment
- Challenging behaviour and complex needs



Welcome

We are one of the largest providers of specialist behavioural health services for children and adults in the UK. We provide services for more than 2,990 individuals in 286 services. We work with over 140 public authorities and employ more than 7,200 people.

Cambian Deaf services are based on a culmination of over nine years of experience and passion for working with Deaf or hearing impaired children and young adults. Our specialist services cater for some of the most vulnerable and challenging people in society and we ensure that they gain the individual support that they need to achieve their personal best.

The core Cambian difference is our staff who communicate in British Sign Language (BSL) whilst working and have extensive and continuous training in Deaf awareness, Deaf culture and other communication means such as Sign Supported English and visual aids. This ensures a holistic approach to communication needs. This capability together with the environment of our homes allows us to successfully manage some very challenging individuals, working through the difficulties of communication together with other associated complex issues that may well exist.

We have significant experience of stabilising individuals who have experienced multiple placement breakdowns with the aim of enabling young people to learn key skills for life to take with them as they transition into adulthood.

Our approach, aligned to the National Minimum Standards, is focused on reducing challenging behaviours and ensuring the individuals in our care progress in all areas of their lives.

We have developed and share a strong working relationship with NDCAMHS teams both local and national. We also work closely with the local education providers to our services. Most of our homes are situated near the Blackdown Hills in the South West along the Somerset/Devon border where we have unlimited access to countryside areas, our own working small holdings, along with vocational activities including animal therapy and animal husbandry.

We delighted to have six residential services in the South West and Yorkshire, supporting children aged 11+. All services provide a comfortable and homely environment with a therapeutic approach. We also focus on integration in the community, nature, animal care and horticulture.

Our specialist residential care homes offer young Deaf people the support they need to build their lives for the future.

Our unique communication environments help unlock the true potential of the amazing young Deaf people in our care. Our staff communicate in BSL to residents and other staff members. This is augmented by PECS and other modern communication devices to ensure we develop effective strategies to support people to achieve their personal best.



Each of our specialist residential care homes cater for a wide range of needs and abilities, providing flexibility of peer groups. Peer interaction is key, promoting inclusion as well as building key living skills for later life.

Our residents mostly come into our services from situations where the current placement is unable to cope; be it from special schools, home or continued placement breakdowns.

Our aim is that the young people in our care feel included and that they do not suffer discrimination or disadvantage.

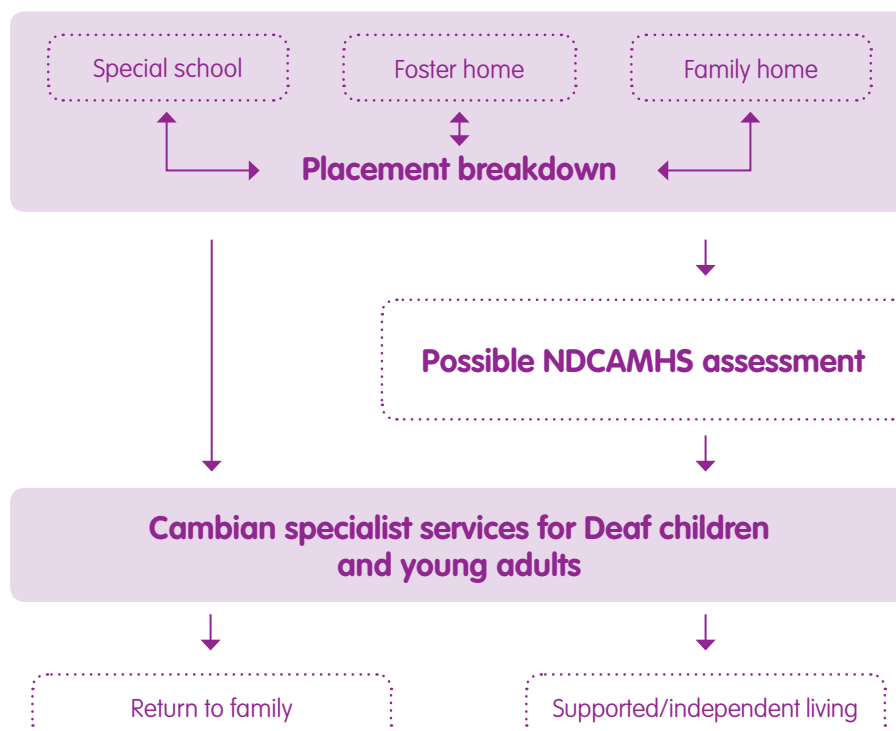
Typical person profile

- ✓ Aged 11-25+
- ✓ Deaf or hearing impairment
- ✓ Communication difficulties
- ✓ Associated Complex needs
 - Challenging behaviour
 - Autism, ESD or other diagnosed conditions



All referrals will be evaluated on a case by case basis.

Referral route



Every Child Matters

The 5 key areas:

- ✓ Be Healthy
- ✓ Stay Safe
- ✓ Enjoy and Achieve
- ✓ Make a positive contribution
- ✓ Achieve economic wellbeing



“Having met Jane a year or more ago and knowing the environment she was in, then reading her review about all her activities, signing support and other issues from recent months, it was hard to believe this was the same young person.”

Child Care Support Team Manager



Be Healthy

The physical, emotional, mental and sexual health are all of great importance and a clear focus at our services. The care plan of a young person starts to be developed through transition into our service and becomes a working document. Drawing on the access to the health professionals that a young person needs together with effective communication, we work to provide interventions that address historic challenges as well as fully making preparations for adult life.

Every person is registered with the appropriate local GP and dentist and we access NDCAMHS when required.

Across the Cambian Group we promote healthy living and lifestyles choices, which help with health awareness and an increase in energy levels.

Our young people eat a balanced, healthy diet which is greatly influenced through their choice and preparation. We encourage an active lifestyle along with a daily house routine, which allows easy access to the great outdoors from walks and fresh air to camping and other leisure pursuits.



Stay Safe

Many of the young people in our service have previously fallen into or been very close to situations of ill treatment or even abuse. We are able to establish and develop the trust that is vital for each person. Communication and consistency underpin all that we do. Our care staff work 24 hour rotas to provide continuity of care and support across our services. Effective communication helps to significantly reduce challenging behaviour and so avoid previous risk indicators.

All staff are fully trained in working with vulnerable children, communication through BSL and how to deal with challenging behaviour. We are able to draw on the experience from across the wider Cambian Group to support the development of our staff.

We support all aspects of transition, working individually or in groups to ensure that we minimise risk and keep the people in our care safe.



Enjoy and Achieve

We have access to a number of education providers each day, which are only a short car journey away.

We also have provision to support 'home learning' in the short term while transition to mainstream education takes place. We will work with each provider to support any transition to school and remain with our residents during the day to support their academic pursuits should this be required.

Education is important for our children and young adults as well as the relationships and developments associated with attending school.

Traditional learning is supported with vocational activities. We encourage taking on responsibility for the daily routines at the farm, in the house and in the gardens.

We encourage the joining and attendance of local youth clubs. We believe that no individual should be restricted in their ability to achieve. We have a focus on encouraging our young people to embrace new activities and to take up new hobbies. We want them to lead as normal life as possible.

Make a Positive Contribution

The children and young adults in our care positively participate in the local community. They are actively involved in the decision making about their future. Through value based learning and peer development they are able to deal with change and other life challenges. Through effective communication and understanding we work with our young people to ensure that their activities are socially inclusive.

We have a zero-tolerance approach to bullying.

Achieve Economic Wellbeing

We will support a child as they grow, ensuring engagement in education and vocational training. Where possible we will extend this to employment. We aim to prepare our people for a successful future as we develop their independence and 'adult life'.

Each house has its own system of reward schemes that sit alongside the opportunity to earn extra money by carrying out various duties associated with the house, gardens and smallholdings. We provide our children and young adults a basic clothing allowance that they spend as they choose.

Each person is invited to fully customise their personal living space and can decorate their bedrooms however they want, so long as it is appropriate.

Pre and post-16 homes

Devon and Somerset

01 Blackaller Farm Devon

 4 beds | 11-18 years old



Blackaller farm has a small holding where we rear various animals including pigs, chickens and turkeys for Christmas. Supporting our 'make a contribution' we hand rear the animals for the purpose of sale and consumption.

In keeping with our commitment to a family style setting, Blackaller farm offers small and mixed living environments with a calm atmosphere and tailor made living plans designed for our students to develop to an independent level.

Staff continually use British Sign Language to communicate with each other and the people in our care.

02 Higher Whipcott Somerset

 4 beds | 11-18 years old



Higher Whipcott Farm provides a fantastic environment for children to thrive.

Our home is within close reach of Tiverton, Wellington and Exeter and it is ideally located near local bus and rail transport routes. We access all local amenities as well as having instant access to the countryside of Somerset and Devon.

Our aim is to stabilise challenging behaviours through effective communication and behaviour support programmes to enable the people in our care achieve their personal best.

03 Clearbury Devon

 4 beds | 16+ years old



Clearbury is a large and comfortable home that accommodates young people aged 16+. Individualised plans are designed to meet specific needs and these plans form the basis of the three-way partnership between resident, family and staff.

It has a large garden and an outbuilding allowing young people to a workshop and enjoy recreational activities.

Like Higher Whipcott, it is within close reach of Tiverton, Wellington and Exeter as well as the countryside of Devon and Somerset.

04 Grindon Devon

 4 beds | 16+ years old



This fantastic home provides the ideal environment for young adults to fully prepare themselves for their adult lives.

Grindon is within close reach of Tiverton, Wellington and Exeter and ideally located near local bus and rail transport routes. We access all local amenities and have instant access to the countryside of Somerset and Devon.

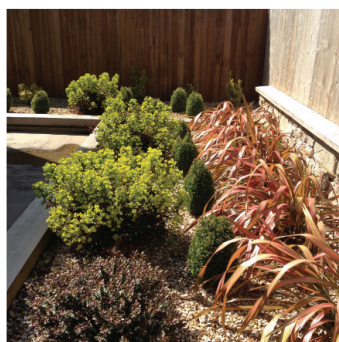
It is designed to be a step down service for young people approaching the end of their time with us. We make sure that all the independent living skills are refined and that the young people can manage themselves in a way that is fit for full community inclusion.

Post-16 homes

Yorkshire

05 Kimberley House Yorkshire

 4 beds | 16+ years old



Building on the success of our existing services in Devon and based on the needs of those in the Yorkshire area, we opened Kimberley House in 2013; a service that accommodates young adults aged 16+ years and helps to prepare them for an independent life.

Kimberley House is a spacious and modern abode that offers large comfortable bedrooms for residents, each with under-floor heating and neutral colour schemes.

Public transport connects the home to local community links, where residents can learn necessary life skills. It also allows access to nearby Leeds, Doncaster, York and Selby.

06 Cambian Ponderosa Yorkshire

NEW

 4 beds | 16+ years old



In 2015 we extended our services further and added Cambian Ponderosa to our portfolio. Our residents have often experienced multiple placement breakdowns and our aim is to stabilise any challenging behaviours through effective communication and behavioural support programmes.

Cambian Ponderosa is a spacious period house that is situated in a peaceful countryside setting and has a vast 4.2 acres of adjoining land in which residents can enjoy an array of outdoor activities.

There are 4 large and comfortable bedrooms. The house also boasts facilities including a stable and vegetable garden to tend to alongside a range of livestock in the extensive grounds.

Edward's journey

CASE STUDY

Edward was 15 years old and was living in a non-signing environment with his aunt. He could not live at home with his family and he was not able to attend any form of education or mix with his peer group because of his harmful sexual behaviour.

He was placed at one of our homes so that our team could work with him on these behaviours and to also manage a safe reintroduction to education.

We started the process by providing full 1:1 support in the residential provision and supporting an 'outreach' tutor from the Royal Academy for Deaf Education in Exeter to undertake both vocational and academic work on site in our own classroom. This quickly led to a few mornings/afternoons a week of education within the grounds of the school, mixing with peers and being supported in social environments.

We worked with a local therapist who had extensive experience in working with issues of harmful sexual behaviour and because of the communication barrier; we used a highly experienced member of the staff team to facilitate communication between Edward and the therapist.

After a two-year course of therapy and intensive support we managed to understand the source of this behaviour.

Edward has rebuilt his life and has a clear plan for his future. He lives independently and is now in a positive and healthy relationship.



Edward, a year on with us

Episodes of his harmful sexual behaviour significantly reduced with 6-12 months through therapy and behaviour management strategies.

Collecting/hoarding behaviours significantly reduced within 18 months.

Home visits became far more positive with reduced negative outbursts within 6-9 months.

Within 18 months became comfortable with this own sexuality.

Since leaving our care he set up his flat, continued on a college course (photography) and started a part-time job.

Educational support

Our team of specialist carers are led by a Registered Manager and all have considerable experience in working directly with young people who have communication difficulties and behavioural problems.

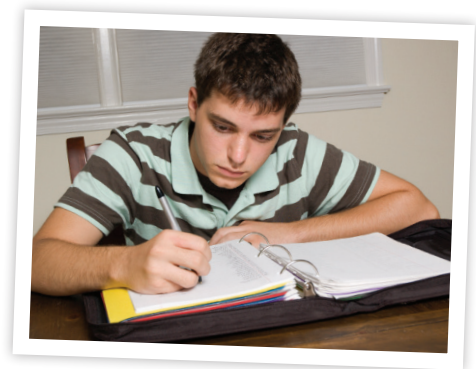
We have a very high ratio of staff to young people with up to three carers on duty at any one time plus the manager and deputy. All of the care staff are qualified to QCF level or will be working towards this within three months of starting. The staff are also trained and qualified in using BSL and all have considerable experience in childcare and working with complex needs.

Staff shift patterns are based around three teams of three people working a 24-hour shift over a three week period. This allows for a consistent approach with minimum disruption to the young people. All residents are supervised as required and are accompanied by staff for education, leisure and other activities.

However, when appropriate and following an assessment of risk, free time, as part of independence training is encouraged.

Every young person has an individual placement plan which clearly sets out a behaviour support programme and planned outcome targets over a specific period of time. Six-monthly reviews are arranged and the placement plan updated as and when necessary. We use a specialist therapist for any specific sessions and provide intensive work in relation to complex behaviours. We have access to other specialist therapists and commission their services as and when necessary.

We have a strong partnership with the National Deaf Children and Adolescent Mental Health Service (NDCAMHS). They provide crucial support for any family in helping them to understand their children. Because communication is reciprocal we place strong emphasis on ensuring that both parties understand each other.



Education

For young people who could not initially access a school environment, we have an outreach programme that enables tutors to come to our homes.

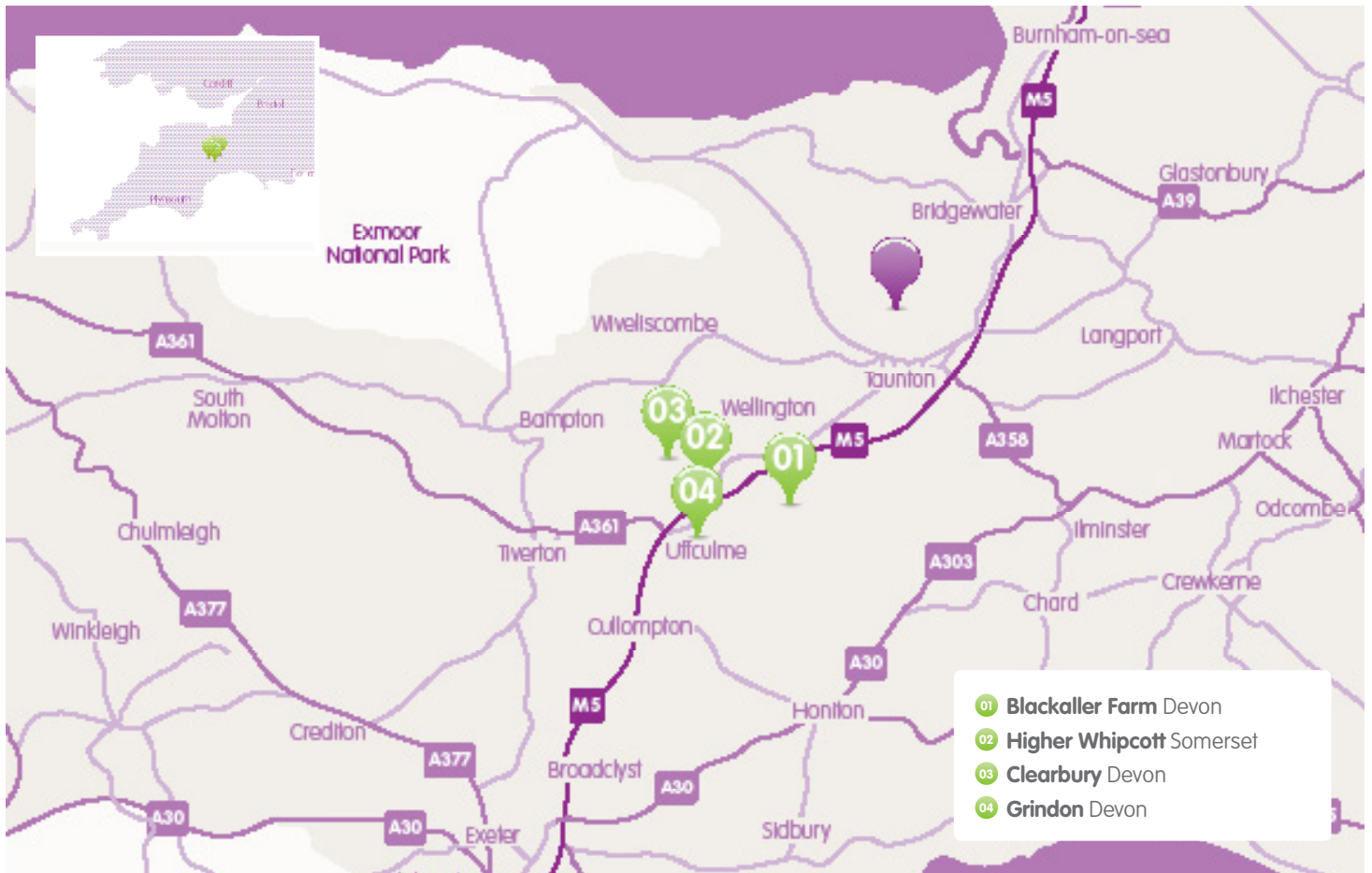
Depending on progress we gradually begin to introduce young people into an education service with our staff supporting them until they are no longer required.

We support access to education for our children and young adults through our local schools and colleges. We help and support the transition to education along with the choices that may be taken.

Cambian Live Well Choices

Cambian Live Well Choices include five-a-day daily living activities, which encourages a resident to take up to five different activities each day from house work to learning a new skill.

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| ✔ Life skills | ✔ Confidence | ✔ Acceptance |
| ✔ Numeracy | ✔ Peer interaction | ✔ Responsibility |
| ✔ Equality | ✔ Diet regulation | ✔ Morales |
| ✔ Rationale | ✔ Values | ✔ Personal finance |



To discuss an individual's specific needs, please call us on **0800 138 1184** or email **referrals@cambianguroup.com**

Cambian assessments are conducted free-of-charge.

www.cambianguroup.com

Our specialist residential care homes for Deaf children and young adults

- 01 Blackaller Farm, Devon
- 02 Higher Whipcott, Somerset
- 03 Clearbury, Devon
- 04 Grindon, Devon
- 05 Kimberley House, Yorkshire
- 06 Cambian Ponderosa, Yorkshire

Non-Cambian services

- NDCAMHS
- Deaf Schools and Colleges

