

# Specialist Residential Complex Trauma Services

Children aged 6-12

Every child is different.  
We make sure their care is too.



We have over 20 years experience working with children who have suffered significant complex trauma. With homely and welcoming environments every interaction we have with our children is

therapeutic in nature. Our approach is underpinned using **DDP** (dyadic developmental psychotherapy) and **PACE** Model (Playfulness, Acceptance, Curiosity and Empathy) which includes therapeutic parenting.

If you would like more information on  
our services call us 0800 644 6170

We aim to address the immediate and long term consequences of children's exposure to maltreatment and other multifaceted traumatic experiences. Exposure that results in a loss of core capacities for self-regulation and interpersonal relatedness.



**Children in our services have typically suffered more than seven of the following "Adverse Childhood Experiences"**

- Physical Abuse
- Sexual Abuse
- Emotional Abuse
- Neglect
- Domestic Violence
- Separation Loss of Parent
- Parental Substance Misuse
- Parental Criminality
- Parental Mental Health Problems
- Pet Abuse

**The Impact of Complex Trauma:**

- Disrupts the integration of Mind – Body – Emotions – A child's social skills
- Projects their trauma onto everything – everything is a threat
- Defence mechanisms are taken over by their trauma
- Disrupts their attachment style, play and exploration, sociability, sexuality

**We support the recovery of children through our integrated team:**

**CARE**

The care team is made up of over 150 staff across our 11 Specialist Residential Care Homes, who are all trained in therapeutic approaches and complex trauma.

**CLINICAL**

Our holistic therapeutic package is informed and supported by a dedicated clinical team, comprising of Clinical Psychology, Psychotherapy, Art and Drama Therapy, Occupational Therapy and Life Story Work.

**EDUCATION**

Our education team offer access to Cambian SEMH school's within each locality.