

Children's Services Codiv19 Audit of care and Support

Key question: How good is our care and support during the COVID-19 pandemic?

This key question has three quality indicators associated with it. They are:

- 1. Children and young people's wellbeing and potential is fully supported and fulfilled.
- 2. Procedures and practices support a safe environment for both children and young people experiencing care and staff.
- 3. Management, staffing and practice frameworks drive and support the best outcomes for children and young people experiencing care.

Quality Indicator 1: Children and young people's wellbeing and potential is fully supported and fulfilled

Key areas include the extent to which:

- children and young people are safe, and feel loved and valued
- children and young people have positive learning experiences, achieve their goals, and reach their potential
- children and young people enjoy contact with families, carers, friends, and this is maximised

Quality Statement	Actions to support	Documents to support
Staff demonstrate the principles of good care		
in their day-to-day practice. This means that		
children and young people experience care		
and support with compassion because they		
have warm, nurturing and have positive		
relationships with staff.		
Staff recognise the impact that protective		
equipment (for example masks and visors)		
may have on communication and		
relationships with the children and young		
people they support. They adjust how they		
communicate and take sensitive steps to		
minimise any negative impact.		
Children and young people feel safe, and		
staff demonstrate a clear understanding of		
their responsibilities to protect children and		
young people from harm, including the risk of		
infection. Measures are in place to prevent		
harm, and staff are confident that if they		
identify concerns or improvements, the open		
and supportive culture within the service		
ensures that they are responded to		
appropriately.		
Children and young people are supported to		
be emotionally resilient during the pandemic		
through the very good relationships with staff		
and staff expertise in trauma informed care.		

This includes supporting children and young	
people who are experiencing stress and	
distress in response to the changes in the	
environment and routines and exacerbated	
by media coverage.	
Where there are restrictions placed on	
children and young people's freedom of	
movement, choice and control to prevent the	
spread of COVID-19, these are kept to a	
minimum and undertaken sensitively,	
proportionately, and in line with guidance.	
Restrictions are clearly understood by young	
people, documented, linked to risk and	
implemented with the involvement and	
consent of relevant individuals.	
Care plans reflect children and young	
people's rights, choices and wishes. They	
are person-centred and include information	
on children and young people's preferences	
for keeping in touch with people who are	
important to them, the supports needed to	
achieve this and ways they can remain active	
and engaged.	
Children and young people benefit from high	
quality interaction and engagement from	
staff, and experience support that promotes	
independence, dignity, needs, rights, privacy	
and choice. This includes encouragement	
and resources to take part in meaningful	
activities that validate the young person's	
identity, and provide opportunities to feel	
included and attached to others, resulting in	
psychological comfort.	
Children continue to benefit from education	
and have access to the tools and equipment	

necessary to fully participate in blended	
learning. There continues to be an	
educationally rich environment and quiet	
space suitable to study and learn. Staff use	
imaginative ways to support learning during	
these times where access to school building	
is limited due to COVID-19.	
Children and young people are encouraged	
to remain as active as they can be, including	
using outdoor space where possible.	
Children and young people have clear plans	
in place for staying connected with the	
people who are important to them, and staff	
ensure that these are supported as a priority	
with easy access to the internet and a	
telephone. They are routinely and actively	
supported to make best use of these,	
reducing the potential impact of visiting	
restrictions.	
Family members and professionals know	
about visiting arrangements and keeping in	
touch because these are clearly	
communicated to everyone.	

Scrutiny and Improvement			
Scrutiny	Improvement actions	RAG	
Observation of staff practice and interactions.			
Discussion with:			
- children and young people			
- staff			
- relatives			
- social workers			
- advocacy workers			
- other professionals.			

•	Care plans and relevant documentation.
•	Policy or procedure for accessing other services.
•	Observation of the setting, inside and out.

Quality Indicator 2: Procedures and practices support a safe environment for both children and young people & staff		
Key areas include the extent to which:		
children and young people are protected as sta	aff take all necessary precautions to prevent the spread of infection	
Quality Statement	Actions to support	Documents to support
Staff carrying out housekeeping and cleaning		
in the service have access to and are up to		
date with Health Protection guidance, are		
familiar with required environmental and		
equipment decontamination processes		
specific to the COVID-19 pandemic. They are		
trained in these processes and wear the		
appropriate personal protective equipment		
(PPE). They adopt systematic measures to		
minimise cross infection between different		
areas of the environment.		
Leaders carry out regular observations and		
audits of staff, and staff support each other,		
to ensure that everyone maintains good		
practice in relation to PPE and infection		
prevention and control. This includes the safe		
management of linens, clothing and waste.		
Where necessary, there are clear signs		
directing people to handwashing facilities		
(and reminders of the recommended		
technique) that reflect the needs of children		
and young people using the service, for		
example accessible pictorial or written cues.		
All staff are able to recognise and respond to		

suspected or confirmed cases of COVID-19, including following local reporting procedures and contacting local health protection teams Staff are proactive in recognising and responding to challenges children and young people may have in following guidance on social distancing and infection prevention and control, including those with reduced capacity, sensory loss and physical and learning disabilities Decisions on whether it is appropriate for children and young people moving into the service to be tested are made locally in discussion with the Health Protection Team. Children and young people who test positive (or are symptomatic) are isolated for 7 days. Children and young people who are moving in from a household where there is someone affected with COVID-19 are isolated for 14 days from the date of admission Leaders in the service understand the potential challenges presented by COVID-19. They work in partnership with GPs, pharmacists and other health professionals to ensure they have timely access to medications to help alleviate symptoms.		
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	Scrutiny and Improvement			
Scruti	ny	Improvement actions	RAG	
•	Observation of staff practice and interactions.			
Discu	ssion with:			
-	children and young people			
-	staff			
-	relatives			

-	social workers
-	advocacy workers
-	other professionals.
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•	Cleaning matrix and schedules.
•	Policies and procedures.
•	Inspection of the environment and equipment.
•	Availability of PPE at key points (including alcohol-based
hand	, , , , , , , , , , , , , , , , , , ,
•	Availability of appropriate cleaning materials

Quality Indicator 3: Management, staffing and practice frameworks drive and support the best outcomes for children and young people.

Key areas include the extent to which:

- staffing arrangements are right and are responsive and flexible staff are confident and well supported
- staff knowledge and skills improve outcomes for young people

Quality Statement	Actions to support	Documents to support
The right number of staff with the right skills		
are working in the service at all times		
because providers and leaders understand		
children and young people's needs and		
wishes. Staff have time to provide high		
quality care and support with compassion		
and engage in meaningful conversations and		
interactions with children and young people.		
Staffing arrangements are determined by a		
process of continuous assessment. This		
includes consideration of the number of		
children and young people being supported		
in their rooms due to self-isolating, requiring		
one-to-one support, or additional support to		
maintain good hygiene and infection control		
practices		

Staff are clear about their roles and are deployed effectively. Staff help each other by	
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being flexible in response to changing	
situations to ensure care and support is	
consistent and stable	
Staff benefit from personal and professional	
wellbeing support that includes planning for	
managing difficult situations, personal safety,	
and assessment of workload	
There is supportive and visible leadership	
that enables them to voice their concerns,	
share ideas, explore ways to promote	
resilience, and achieve an appropriate work-	
life balance.	
Management show an appreciation of the	
mental wellbeing stressors on staff as a	
consequence of COVID-19. This includes	
being responsive to staff members individual	
vulnerabilities and family circumstances	
Staff who are not involved in providing direct	
care and support to children and young	
people understand how they can contribute	
to keeping children and young people safe,	
including supporting good hygiene and	
infection control.	
Staff are supported to keep up to date with	
current and changing practice, with easy	
access to a range of good practice guidance	
relating to supporting children and young	
people during the COVID-19 pandemic	
Children and young people are confident that	
staff have the necessary skills, training and	
competence to support them.	
Observations of staff practice are regularly	
undertaken to assess learning and	

competence. Outcomes from this are discussed through team discussions, reflective accounts or supervision. Informal support within the staff team, particularly in relation to infection control measures, is welcome and valued	
Children and young people can have confidence in their support because any redeployed, temporary or new staff have ready access to the right information about them and their needs, and about the service.	

Scrutiny and Improvement		
Scrutiny	Improvement actions	RAG
Observation of staff practice and interactions.		
Discussion with: - children and young people - staff - relatives - social workers - advocacy workers - other professionals.		
 Staff training. Records of support, supervision and learning and development activities. Management/senior presence (in person and on-call system). Evaluation of assessment of staffing arrangements, rotas and staff contingency plan. 		