

# FOOTPRINT

Promoting happy, healthy and sustainable living at Hill House and beyond.

## TRAVEL AND TRANSPORT

One of the goals of One Planet Living® is to reduce the need to travel, encouraging walking, cycling and low-carbon transport.

At Hill House, we have use of 3 8-seater minibuses and a car that seats 5 to transport our young people safely to various locations, such as the beach and other public places, but these use petrol and diesel. Located in the New Forest, the current travel options using public transport are a little limited but we are fortunate enough to be served by the mainline railway in Brockenhurst and Lymington, with ferry connections to the Isle of Wight, and a bus service from Southampton and Bournemouth.



AP recently experienced a visit home to London using both the train and bus instead of being driven. It was the perfect way to just sit back and enjoy the scenery!



The majority of people working or visiting Hill House either use a personal car or taxi service but some cycle and we would like to encourage more of you to do so!



## CYCLE TO WORK

Cycle to Work is a government initiative that was introduced in 2001 to encourage more people to travel to and from work by bike, enabling people to make healthier choices and reducing the UK's carbon footprint.



The initiative also allows you to make huge Tax and National Insurance savings on the cost of a new bike and safety accessories. These savings are achieved via a salary sacrifice scheme which lets you spread the cost to make payments more convenient!

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Hill House School

Cambian

Edition #12 2022

## BE GREEN AND GET FIT

Buying a bicycle and all the safety equipment through the Cambian Employee Benefits Platform couldn't be easier. The bicycle can be used for travel to work and for leisure use at evenings and weekends. So not only are you using a zero-carbon transport option, you are also getting fitter in the process!

The best part is the payments come out of your gross salary meaning that you save up to 32% on the recommended retail price of the bicycle and equipment, and the cost is spread over a 12 or 18 month period, depending on how the scheme has been set up.

Cycle2Work is supported by a wide range of specialist bike dealers, catering to everyone regardless of their needs, budget, location or journey to work! This includes Halfords, Tredz, and Independent Bike Shops.

## CYCLING IS FOR EVERYONE



Regardless of age, ability, or confidence level, cycling is for everyone and this is no different at Hill House. Thanks to PEDALL, our young people have the opportunity to enjoy the pleasures and benefits of cycling while building their self-confidence and independence on specialist bikes.



**#MAKEONECHANGE**

What one change can you make today?

