

FOOTPRINT

Promoting happy, healthy and sustainable living at Hill House and beyond.

BIG SCHOOL BIRDWATCH

We are so fortunate at Hill House to be located in the beautiful New Forest. This gives us the perfect opportunity to appreciate land and nature in so many ways, as well as learn more about what we can do to help wildlife in their natural habitats.



On Thursday, 6th January, Hill House took part in the RSPB Big School Birdwatch. All of the young

people were out and about looking for birds of all kinds to complete the survey and submitted their results online with other schools across the country.



What did you see?

How many birds of the same kind did you see at the same time?

House sparrow 1 2 3 4 5 • • • • •	Blackbird 1 2 3 4 5 • • • • •
Blue tit 1 2 3 4 5 • • • • •	Robin 1 2 3 4 5 • • • • •
Starling 1 2 3 4 5 • • • • •	Chaffinch 1 2 3 4 5 • • • • •
Woodpigeon 1 2 3 4 5 • • • • •	Magpie 1 2 3 4 5 • • • • •

The day was full of fun and educational birdwatching activities, including Big Card watching games, where students learned key facts about each type of bird, and matching pair games, where they had to look really carefully to find the picture that was the same.

What did you see?

Please circle the number that shows the most of each species that you see together at the same time. Write the number in the space provided if you see more than 10.

Your name: _____

Woodpigeon 1 2 3 4 5 6 7 8 9 10 More than 10	Blackbird 1 2 3 4 5 6 7 8 9 10 More than 10
Carrion crow 1 2 3 4 5 6 7 8 9 10 More than 10	House sparrow 1 2 3 4 5 6 7 8 9 10 More than 10
Starling 1 2 3 4 5 6 7 8 9 10 More than 10	Black-headed gull 1 2 3 4 5 6 7 8 9 10 More than 10
Magpie 1 2 3 4 5 6 7 8 9 10 More than 10	Blue tit 1 2 3 4 5 6 7 8 9 10 More than 10
Robin 1 2 3 4 5 6 7 8 9 10 More than 10	Feral pigeon 1 2 3 4 5 6 7 8 9 10 More than 10

<p>House sparrow</p> <p><i>Did you know...</i> A pair of sparrows once nested 60 metres down a mine shaft in Yorkshire.</p> <p>Big Garden Birdwatch position: 1 Wingspan (cm): 21 Weight (grams): 98 Maximum number of eggs: 6 UK population (pairs): 6.9 million</p>	<p>Blackbird</p> <p><i>Did you know...</i> The blackbird's amazingly wide diet can include snakes, frogs, fish and mice.</p> <p>Big Garden Birdwatch position: 3 Wingspan (cm): 38 Weight (grams): 125 Maximum number of eggs: 6 UK population (pairs): 6.1 million</p>	<p>Starling</p> <p><i>Did you know...</i> Starlings are such good mimics that they can imitate mobile phones and car alarms.</p> <p>Big Garden Birdwatch position: 2 Wingspan (cm): 38 Weight (grams): 98 Maximum number of eggs: 6 UK population (pairs): 10.0 million</p>
<p>Blue tit</p> <p><i>Did you know...</i> Female blue tits choose their mate based on the brightness of the male's cap.</p> <p>Big Garden Birdwatch position: 4 Wingspan (cm): 18 Weight (grams): 12.5 Maximum number of eggs: 16 UK population (pairs): 2.6 million</p>	<p>Robin</p> <p><i>Did you know...</i> Robins from other parts of Europe are much larger and are less common around towns and cities.</p> <p>Big Garden Birdwatch position: 7 Wingspan (cm): 21 Weight (grams): 21 Maximum number of eggs: 5 UK population (pairs): 6.7 million</p>	<p>Woodpigeon</p> <p><i>Did you know...</i> Woodpigeons are able to feed their babies on a kind of milk they make in their throats.</p> <p>Big Garden Birdwatch position: 5 Wingspan (cm): 78 Weight (grams): 114 Maximum number of eggs: 2 UK population (pairs): 6.4 million</p>

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Hill House School

Cambian
INTERNATIONAL SCHOOL

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Students also made their own bird feeders, which were hung up outside the classrooms. The day was a great opportunity to learn about the birds that we are so lucky to see in our school environment and bird watching will now become a regular part of the school day!



There are lots of ways to [help birds in the garden](#): putting out clean water and food, making a bird bath and putting up nest boxes and preparing nesting sites. It's not too late to become involved at home either. You can sign up to take part in the [Big Garden Birdwatch](#) and count the birds you see in your area park for one hour between 28th and 30th January.

LET'S EAT!



Young people at Hill House are able to enjoy a wide range of healthy food options in our Let's Eat Café and through our Let's Eat leaflet scheme that encourages the preparation of freshly cooked meals in their own homes.

Plans are now underway to open a [Let's Eat Bird Café](#) that we hope will encourage birds all year round. Watch this space!

#MAKEONECHANGE

What one change can you make today?