

FOOTPRINT

Hill House School

Cambian
International School

Edition #42 2022

Promoting happy, healthy and sustainable living at Hill House and beyond.

ONE PLANET - ZERO WASTE

As announced in the last FootPrint newsletter, this week is Zero Waste Week. Running from the 5th to 9th September, the aim is to encourage everyone at Hill House to think more about waste; whether it is how and why things are disposed of, where it eventually ends up, or the nature of the products that are actually purchased in the first place.

Here are some ideas on how you can promote and support Zero Waste Week. Don't forget, one small change can make a difference!



	Health and happiness
	Equity and local economy
	Culture and community
	Land and nature
	Sustainable water
	Local and sustainable food
	Travel and transport
	Materials and products
	Zero waste
	Zero carbon energy

♥ Talk to people! Start a conversation about rubbish and spread the word.

♥ Take a "rubbish audit" by looking at the waste in a home or classroom at Hill House and even your own home - use clear bin bags for a week and see what everyone is throwing away. Then see if you can swap out products from a disposable option to a reusable or recyclable one. Try looking for refillable opportunities or concentrated products.

♥ Find a second use! Instead of throwing something away and forgetting about it, try and think about how it could possibly be re-used. While we are working hard on reducing the amount of paper used in the office, Kate has found a use for all of the shredding created when confidential or sensitive documents are disposed of. Using her **Bag for Life**, she collects it all and uses it for packing material in parcels.

♥ Why not ban the bin completely! Remove individual bins from under desks or in individual rooms and encourage everyone to use communal recycling bins instead.

♥ Amnesty - set up a "no questions asked" drop off point for everyone to return excess stationery, uniforms etc. to be reused.

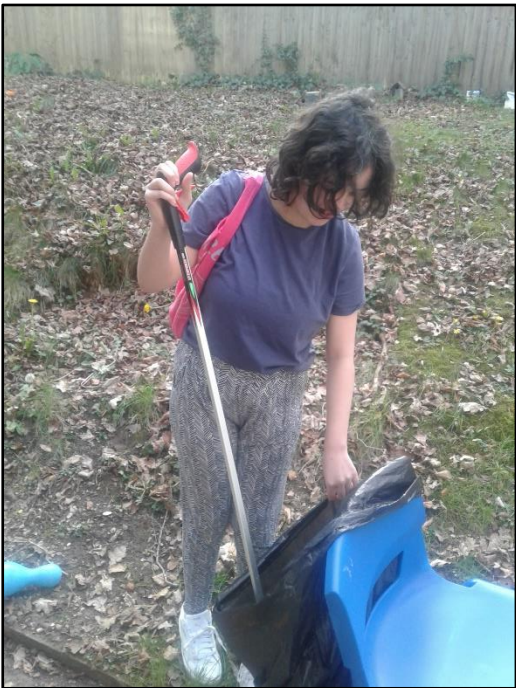


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♥ Organise an activity such as a beach clean, litter picking, share a meal using leftovers or host a plastic free coffee morning to raise awareness. The young people at Hill House made a start during the Big School Clean Up earlier this year!

♥ Set up spaces outdoors for compost waste and growing your own food.



Zero waste

♥ Look for a repair café or workshop in your local area or get together with others to learn how to replace buttons, mend a toaster, repair a puncture, or glue a toy.

♥ Don't forget the Hill House 3Rs mantra - REDUCE, REUSE, RECYCLE. Declutter an area - repurpose items, swap with others or donate them to charity, homeless shelters, refuges, or other furniture reuse projects etc. Consider buying pre-loved items where possible too. Thanks to Margita and Kirsty, Pines are now benefiting from some lovely new decor!

♥ Stop using disposable cups or plastic bags: look for reusable or recyclable alternatives at every opportunity. For example, all new staff joining Hill House are given a refillable cup.



♥ Share and celebrate your achievements; perhaps we'll feature you in a future FootPrint!

