



The ZONES of Regulation

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|-----------|-------|-------|------|------------|---------|------|-------|-------------|------------|-------|---------|------------------|----------|-------|-----------|--|
| | | | | | | | | | | | | | | | | |
| Blue Zone | | | | Green Zone | | | | Yellow Zone | | | | Red Zone | | | | |
| Sad | Bored | Tired | Sick | Happy | Focused | Calm | Proud | Worried | Frustrated | Silly | Excited | Overjoyed/Elated | Panicked | Angry | Terrified | |

If you would like to find out more about the support on offer please contact:

The Clinical Office, Lufton College,
Yeovil, Somerset, BA22 8ST.

01935 403 120

luftonclinicalteam@cambianguroup.com

LUFTON COLLEGE CLINICAL TEAM



Lufton College can offer a range of specialist therapies for the young people through a team of highly qualified advisors and therapists. This leaflet will provide additional information on each of us.



MEET THE CLINICAL TEAM

Willow Lowry

Music Therapist



I use music as a clinical intervention to aid people with their physical, cognitive, emotional, psychological well-being, using a plethora of therapeutic technique to help students express themselves in their own individual way. If you feel a student that you work with could benefit from having music therapy.

Email: Willow.Lowry@cambianguroup.com



Anna Eldridge

Registered General Nurse



My role is to support the students' medical needs, both physically and emotionally. I oversee the daily health needs of the students and work with both care and education on all issues and information relating to a young person's medication and health management. I apply physical health checks as required, attend to minor injuries, offer advice and support to both students and staff regarding any health concerns. Promoting good health which includes eating, hygiene, immunisations, mental well-being, contraception and maintaining a healthy lifestyle is one of my key roles that I see as a multi-disciplinary approach and one that hopefully we can all work together to achieve.

Email: anna.eldridge@cambianguroup.com

Jenny Law

Speech and Language Therapist



My focus is on maximising each student's ability to communicate functionally. I want it to be easier for students to express themselves, to know what is happening and to understand the people around them. I write the Communication Support Plans for each student. These explain some proven tools and strategies that help students and staff to genuinely understand each other. Please drop me a line if you want a refresher on how to write a Social Story, use a visual timeline, or use a Talking Mat.

Email: Jennifer.law@cambianguroup.com

Hollie Earley

Occupational Therapist



My job is to support students with their functional ability and activities of daily living [work, leisure, self-care]. I am part of the whole college team supporting students to engage in motivational and meaningful activities that maximise their quality of life. I can offer recommendations, training, advice and guidance to staff and young people. I am trained in Sensory Integration, Movement Method and Attention Autism.

Email: Hollie.earley@cambianguroup.com

Emma Hooper

Therapy Assistant

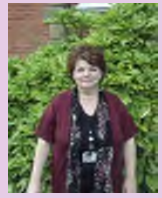


My role as Therapy Assistant consists of supporting my Clinical colleagues, students and staff teams. This includes embedding learning and role modelling various therapeutic interventions and methods to support with communication, emotional well-being and function during times of education and care.

Email: emma.hooper@cambianguroup.com

Tracey Rowan

Personal Development Advisor



My aim is to help develop students' understanding around relationships and sexual health. I develop resources to support students understand how their feelings, emotions and bodies work and can provide accessible information that helps strengthen awareness of personal safety, dignity and self-respect. I offer guidance and support to staff who are supporting students that may be engaging in sexual relationships. I support the Clinical, Education and Care teams by developing resources modified for individual learning.

Email: tracy.rowan@cambianguroup.com



Mick Taylor

Behaviour Support Practitioner



My role is to provide support to staff at the college to develop and implement Positive Behaviour Support strategies to enable students to meet their full potential whilst studying at Lufton. I develop PBS Plans in conjunction with students, staff teams and families that aim to minimise the impact of behaviours of concern and provide students with the skills to meet their needs without putting themselves or others at risk. I work with two qualified Positive Behaviour Support coaches who support me in my role. Our aim is for Positive Behaviour Support to be embedded at all levels in the college.

Email: Michael.Taylor@cambianguroup.com