

FOOTPRINT

Hill House School

Cambian
International School

Edition #50 2023

Promoting happy, healthy and sustainable living at Hill House and beyond.

ECO-CHAMPIONS

Now, more than ever, we need to play our part in contributing towards a greener, more sustainable future. There are already climate change and environmental heroes who are continually campaigning for a better future for our planet. These heroes surround us every day, from famous names like Greta Thunberg and Leonardo DiCaprio to the unsung heroes doing their bit daily to preserve the planet.

Hill House are no exception. We have our own heroes; champions of the sustainable cause who have made a difference since we published our One Planet Living action plan and they deserve recognition too!

♥ Louisa Burden, our Eco-Coordinator and champion of our Eco-Schools Award with distinction! As well as the student representatives on the Eco-Committee for all their hard work.

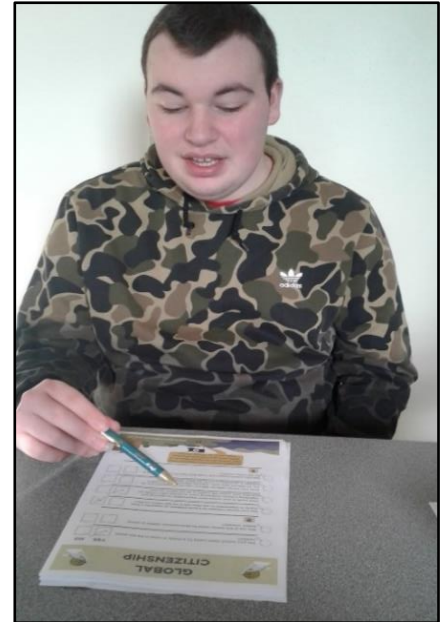
♥ Sarah Watkins-Evans for championing recycling. Thanks to her hard work, we held a Recycling Day and now have a recycling station for dental and optical products. Watch for more recycling bins coming to a home and classroom near you!

♥ Lynda Challis, our Green Goddess in the front office for moving to digital versions of review documentation and training certificates. No more unnecessary piles of printed paper!

♥ Our amazing cook, James Corbett, for sourcing local produce and reducing food waste.

♥ Graham Corbin, Greg Jagger, and Sarah Watkins-Evans for riding bicycles to work! Heroes one and all!

♥ Managers in all of the homes for embracing One Planet Living and encouraging all of their teams and young people to think about sustainability in everything they do: from digital music and movies, to eco-friendly bamboo toothbrushes, cotton clothing, and refillable products.



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BE A RECYCLING HERO

Here are some easy tips to help you be a super recycling hero:

♥ Separate your recycling. Sorting your items into different bins or 'streams' can help ensure as much as possible get recycled.

♥ Avoid food waste. It has more impact than you think, causing just as much environmental damage as plastic waste. Try to cut down on food waste as much as possible - save leftovers for lunch and use a compost bin if you can.

♥ Recycle your paper, or better yet, go paperless! Switching to paperless billing can help to reduce the amount of paper you use and save trees.

♥ Recycle your old gadgets responsibly. According to recent research from Leeds University, keeping your electronic gadgets for at least seven years is one of six lifestyle shifts you can take to help avert the climate crisis. And when your gadgets are no longer useable, take a look at [Recycle Your Electricals](#) to find out more about what to do with them.

♥ Get clued up on plastics. Check out the [symbols on plastic packaging](#) to see what type of plastic you have and where you can recycle it.

♥ Buy recycled products. Buying things that are made from recycled products not only helps the planet, it also supports eco-friendly companies so that they can keep producing them.

♥ Remember the Hill House 3Rs mantra: reduce, reuse, recycle. Think about whether you can reduce the things you buy and whether they can be reused before you need to recycle them.

♥ Use fewer things made of plastic. If you can, try cutting down on single-use plastics like plastic bags, straws and drinks containers.

There are so many alternatives these days. How did you do during **Plastic Free July**? Be honest!



Did you know ...

♥ According to the [National Geographic](#), 91% of plastic created is not recycled.

♥ Only put clean, dry things in the recycling box. No greasy pizza boxes! And give things a rinse when you can. Dirty items in your recycling can often be classified as contaminated which means they are unable to be recycled.

♥ Lastly, don't forget that you can recycle all sorts of things right here, at Hill House. We have collection points for dental and optical products, as well as batteries and snack packets.

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