

## Special Activities and Achievements during the Spring Term 2023

### Treehouse theatre pantomime



A great way to start the new year .....with an interactive performance of Jack and the Beanstalk

The performance was fun and engaging and young people were able to dress up and take part as well as join in with the singing and dancing

The event was a lovely opportunity to come together and take part in a truly collaborative experience



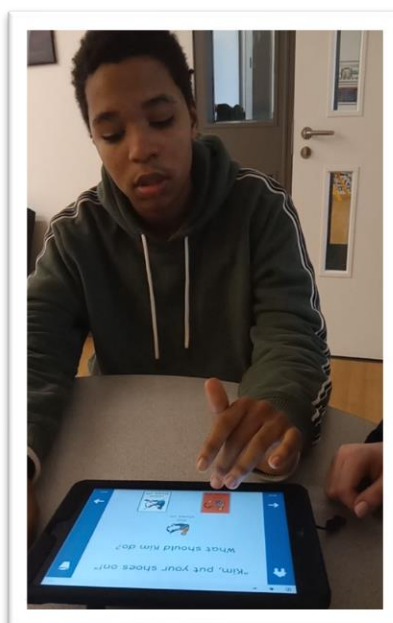
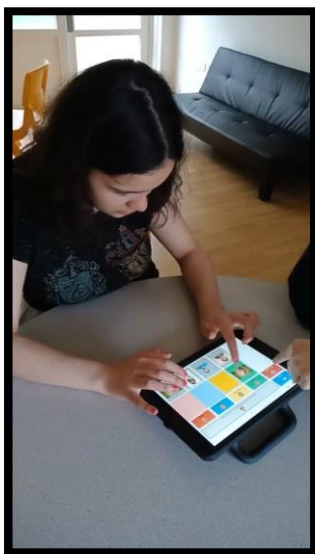


## Safer Internet Day 2023



This year the Safer Internet Day theme was `Want to Talk about it? – Making Space for Conversations about life online`

Young people learnt about how to stay safe on line and took part in a range of activities including making their own films to promote the importance of internet safety



# Children's Mental Health Week

## 'Let's Connect'

**1000000 CHILDREN'S MENTAL HEALTH WEEK** 6-12 February 2023

**LET'S CONNECT**

Thursday 9<sup>th</sup> February 2023 - 13:30 - 15:30

Let's Connect - with ourselves through our senses

**IN THE HALL**

- Different textures
- Yoga
- Hand Massage
- Stories
- Instruments
- Emotions handprints
- Sock puppet making

**IN ADVENTURE PLAY**

- Senses and emotions scavenger hunt

**IN THE CAFÉ**

- Alerting/calming
- Crunchy/smooth
- Scented playdough
- Scented rice
- Scented cornflour

Mental Health

A special day to celebrate Children's Mental Health Week

Young people took part in a range of activities including; Zones of Regulation hand painting and a 'wheel of emotion' project; sensory based treasure hunt; yoga station; smelling oils and taste table and a self - esteem sock puppet workshop



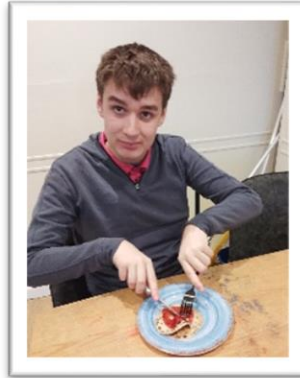


## Pancakes in the Café



Celebrating Shrove Tuesday by taking part in the HHS `Pancakes in the Café` event

Everyone was invited to come along and choose their toppings as well as have a go at making their own pancakes



## Work experience at the New Forest Fruit Farm

Some of the sixth form have started a new work experience opportunity this term

Working at the New Forest Fruit Farm has offered the chance to spend time in a real working environment, helping to recycle pallets and plant out seedlings

A great introduction to the world of work

### Work Experience on the Fruit Farm



## Music for Autism – Derek Parachini visit

We were thrilled to be able to welcome Derek and the Music for Autism team back to HHS

They provided a very special day where Derek played for us and took requests for tunes from the Beatles to Beethoven, Mary Poppins to Miles Davis

Young people had the opportunity to join in and play along or simply sit and relax to the music

A lovely way to celebrate and appreciate the expressive arts and a joyous day for everyone



## Award Ceremony

A special award ceremony for one young person

HHS sixth formers were awarded runners up prize in the Care Tech Arts and Crafts competition

The award ceremony took place last year with one HHS young person going along to accept the award

For this young person, who was unable to attend the ceremony, we had our very own celebration at HHS for him where a member of our Professional Learning Community came along to award him the prize





# Providing training for Springwell Teacher Training Programme

## Springwell Training

Our behaviour support team shared our experiences of supporting mental health and wellbeing at Hill House, with a group of 8 trainee teachers at Springwell school

They talked about the importance of the Zones of Regulation within the school, and how supporting our children with emotional awareness and emotional regulation can increase resilience and create a foundation to build on. They touched on the power of language and shared our nurture project outlining whole school, extra and super nurture approaches

They were able to give examples of some different projects and case studies for both extra and super nurture

*"I just wanted to say a big thank you .....the trainees were extremely complimentary and I can tell from their conversations, they gained a lot from today"*



## World Book Day



We enjoyed celebrating 'World Book Day' where young people took part in a whole range of different activities to promote a love of reading

Young people took part in a book themed treasure hunt, made their own bookmarks and even created their own costumes

The day provided a fun and interactive way to encourage young people to explore a range of books and magazines

Young people also had a go at organising the books in the library into different categories based on their themes and genres and were also able to swap their book token for a book of their choice

It was wonderful to see how excited our young people were to receive their new books and how relaxed they were exploring their chosen book in our school library

Overall, the World Book Day event was a positive experience for all involved. Our young people were engaged and enthusiastic about the various activities

It was a great reminder of the importance of reading and the joy it can bring





## John Muir Award



This term we have started to work towards the John Muir award

The award encourages young people to connect with, enjoy and care for wild places

It is an environmental award scheme that is inclusive, accessible and non – competitive. It encourages awareness and responsibility for the natural environment in a spirit of fun, adventure and exploration



## Welcoming the HHS chickens!

### NEW ARRIVALS!



There was great excitement at Hill House recently when two of our students spent a fabulous day at Longdown Activity Farm learning about a variety of livestock. They were able to feed, stroke and handle the animals. Both young people were very caring and considerate of the animals and the environment. At the end of the visit, the students were instrumental in selecting 10 hens, loading them up, getting the chicken feed and paying for the girls before bringing them home.

The "Hill House Hens" have settled in well and are already producing eggs! They will be in the staff room for anyone to purchase for a minimum donation of £1 via the honesty jar. We look forward to sharing what everyone cooks up with them!



## Out an About

A wide variety of trips out and about took place this term from meals out to lovely walks on the Beach



