

CYP's Keyworking Service

Who do you support?

We support children and young people aged 25 or under who:

- are autistic and/ or have a learning disability and
- are on the Dynamic Support Register and
- are inpatients in specialist hospitals or
- are at high risk of admission to specialist hospital



What are your aims?

- to reduce the numbers of young people admitted to specialist hospital because of their mental health / distressed behaviour
- to keep young people safe and well in their local community
- to make sure young people and families get the right support, in the right place, at the right time



David Gill

Before the Keyworker came on board, I was having to try and overcome big barriers between different professionals and settings in order to get the right support for the young person. The Keyworker has made the connecting bridge between all professionals accessible and possible. She has been available and supportive towards myself as a professional giving me guidance and ideas to use with the young person, but also giving this and her time to the family in order to help them make progress and prevent the child from being admitted to hospital.

Feedback from local Intensive Family Support Worker

What do you do?

- work directly with young people and families to understand the challenges they face and to develop helpful strategies to address those challenges
- bring people together to review what support and services are already in place and what is needed, and support everyone to have their say in the creation of a person-centred support plan
- support young people and families to navigate the system and understand and advocate for their rights
- provide advice and guidance to services to help them support the young person and family
- as a short-medium term intervention, we step away once the support plan is in place and being successfully delivered



To find out more please do contact the team: keyworkingteam@lscft.nhs.uk