



Cambian



# Cambian Wing College Wellbeing Team

Everyone has a personal best

# Therapeutic Services

The Therapy team is a support network for learners and their families at Cambian Wing College. The Clinical Services Team will undertake part of the initial three month assessment for new learners.

## Referrals

These can be made by learners, parents and staff. A referral form is completed, the Therapy Services Team will assess the need and an appointment may be made or discussed with the referrer.

## Personnel

The wellbeing team consists of a Mental Health Practitioner, Assistant Psychologists, a Speech and Language Therapist, an Occupational Therapist, a Holistic Therapist and a Consultant Psychiatrist.

## The main aims of our programme:

Provide a stable placement that enables each young person to engage with education through:

- Reducing risks with increased personal awareness
- Reducing other associated risks and improving psychological and emotional well-being
- Supporting young people in education safely with 25 hours of attendance
- Supporting young people towards independence in the community for positive transition to adult life.

## Meet the Team



### Mental Health Practitioner

**James Ozmond** is our Mental Health Practitioner who provides a responsive person centred support to all learners who have a decline in their mental health and low emotional well-being — the interventions range from informal sessions to structured weekly appointments either on site at CWC, in residential houses or community based.



### Psychology Team

The psychology department is supported by a full time Assistant Psychologist, **Natea Glanville**, who is supervised by a Consultant Clinical Psychologist. The psychology team undertake an assessment for all new learners to formulate whether they need further support in the form of 1:1 structured evidence based therapeutic interventions and/or therapeutic groups. The team also ensure that the SEMH outcomes are met according to the EHCPs of the students through a combination of direct input and by providing specialist psychological consultation and bespoke training to staff.

## Speech and Language Therapy

**Nicole** – our Speech and Language Therapist provides person-centred holistic care to meet the individual communication needs of the students at CWC.

This is achieved through undertaking assessments and giving personalised direct and indirect intervention to students, parents, residential and education staff.

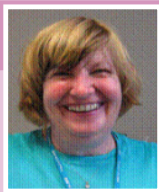
Through observation, interaction and assessment, each student is able to have their own personalised communication profile- specifying their individual communication strengths and needs, whilst also advising staff appropriate and effective techniques for helping the individual.



## Occupational Therapy

Our Occupational Therapist, **Claire King**, administer initial assessments and support learners and staff. They give guidance and advice in a variety of ways to help learners develop their living skills, motor coordination and sensory issues.

The Occupational Therapist runs 1:1 and small groups based on the zones of regulations programme, core stability programme of fine and gross motor skills, sensory drop in clinics and sensory based interventions.



# The Step Model

**S**

Sensory  
Supportive

**T**

Totally  
inclusive

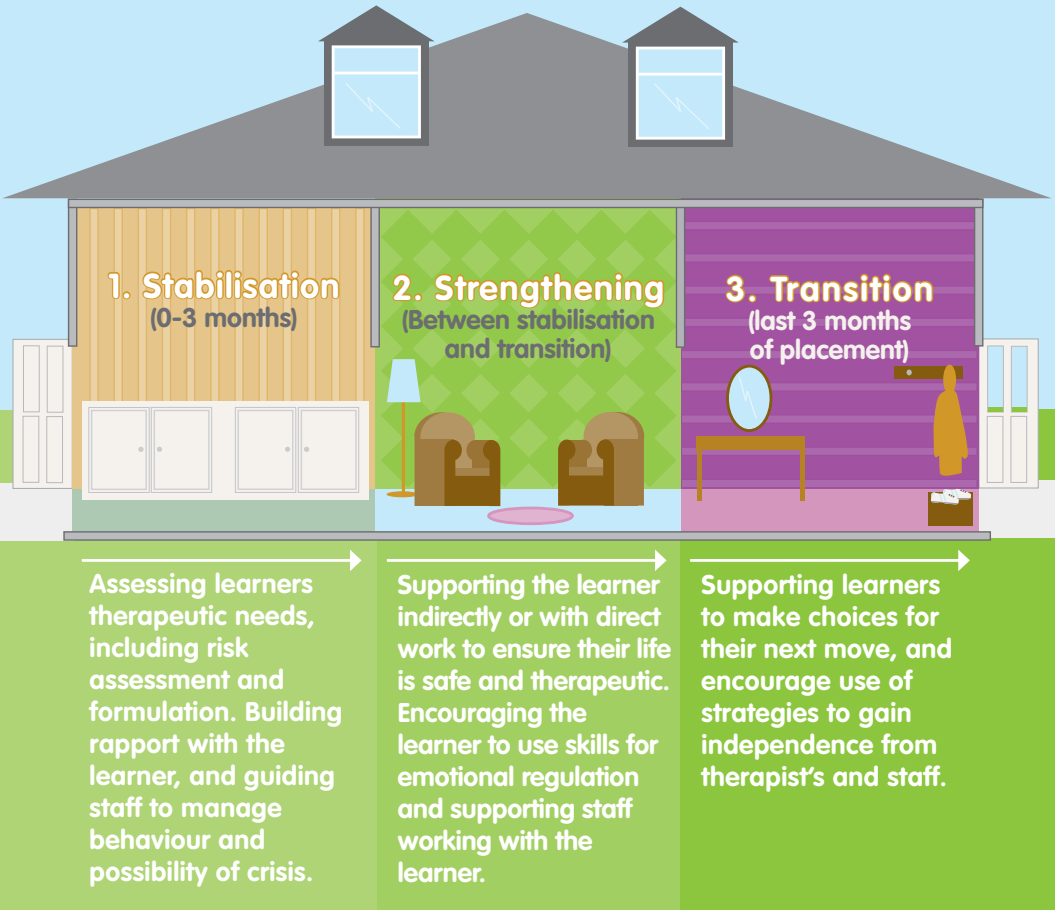
**E**

Enabling

**P**

Progressive

Here at Cambian Wing College, the clinical services team follow The Step Model. Please refer to the E-Step Lite document for more information around this. The phases of this are outlined below:



## Our Aim

To create a cohesive, coordinated approach to address the needs of learners and give learners a voice to advocate for themselves

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