

SOUTHLANDS SCHOOL

2024 – 2025 Menu B

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Option 1

Chef's Choice of
2 Soups



Hot Option 2

Jacket Potato



Hot Option 3

Jacket Potato



Seasonal Veg



Beans & Cheese



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Hot Option 1

Sweet & Sour Chicken



Hot Option 2

Vegetarian Sweet &
Sour



Hot Option 3

Jacket Potato



Rice



Corn on the Cob



Salad Bar / Sandwich



Pudding of the Day



Hot Option 1

Sausages



Hot Option 2

Meat-Free Sausages



Hot Option 3

Jacket Potato



Carrots and Peas



Mash



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Hot Option 1

Meatballs in Tomato
Sauce



Hot Option 2

Vegetarian
Meatballs



Hot Option 3

Jacket Potato



Pasta



Mixed Peppers



Salad Bar / Sandwich



Biscuits



Hot Option 1

Scampi



Hot Option 2

Quorn Nuggets



Hot Option 3

Jacket Potato



Chips



Beans



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt

