

School Collaboration and Tailored Transitions



Personalised Planning

Work with the school to create a transition plan tailored to your child.



Gradual Timetables

Many schools use phased returns (e.g., starting with 2 days, increasing gradually).



Flexible Approach

Plans should be regularly reviewed and adjusted based on your child's response.



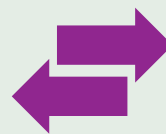
Staff Continuity

Your child will follow your lead - trust in the school helps build their own trust.



Home Visits

Some schools begin relationship-building at home or in neutral locations.



Comprehensive Info Sharing

Include previous settings, triggers, interests, and support needs in the planning.

Once School Begins



Stay Calm and Trusting

Your child will follow your lead - trust in the school helps build their own trust.



Keep Communication Open

Maintain contact with a key staff member.



Validate Feelings

Listen to concerns without judgment, and respond in partnership with the school.



Celebrate Successes

Acknowledge small wins to build confidence.



Support Yourself

Recognise your own emotional journey and seek peer or professional support.