

Helping Children Feel Ready for School

Here are some expert tips from our schools to help you navigate the transition back to school.



Taster Visits

Explore the setting through short, structured visits - starting with quiet times.



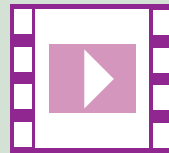
Photo Boards and Staff Profiles

Use visuals to introduce spaces and people.



School in a Box

Include uniform, timetable, stationery, and pictures to rehearse school at home.



Video Modelling

Watch clips of children engaging positively in the new environment.



Sensory Walks

Arriving early to explore the grounds quietly can help regulate emotions.



Transitional Objects

Allow your child to bring a familiar item (e.g., photo, sensory toy).



Peer Buddy Systems

Pair your child with a helpful peer to reduce isolation.



Voice Notes

Staff can record calming messages for children to listen to at home or on the way to school.