

SOUTHLANDS SCHOOL

2024 – 2025 Menu A

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Grilled Chicken



Main

Teriyaki Fish



Main

Beef Chilli



Main

Grilled Chicken Tikka



Main

Chicken Goujons



Vegetarian

Egg and Avocado
Caesar Salad



Vegetarian

Teriyaki Tofu



Vegetarian

Bean Chilli



Vegetarian

Grilled Paneer



Vegetarian

Quorn Goujons



New Potatoes



Noodles



Rice



Rice



Chips



Salad



Stir Fry



Salad



Sweetcorn



Beans



Alternate

Jacket Potato



Alternate

Jacket Potato



Alternate

Jacket Potato



Alternate

Jacket Potato



Alternate

Jacket Potato



Salad Bar / Sandwich



Salad Bar / Sandwich



Salad Bar / Sandwich



Salad Bar / Sandwich



Salad Bar / Sandwich



Selection of Fresh Fruit
and Yoghurt



Pudding of the Day



Selection of Fresh Fruit
and Yoghurt



Pudding of the Day



Pudding of the Day

