

Lufton College Clinical Overview

This overview summarises the universal clinical support available at Lufton College.

Speech and Language Therapy

Speech and Language Therapy support at Lufton College is overseen by Jenny, Specialist Speech and Language Therapist, with assistance from Hannah, Integrated Therapy Assistant.

All students enrolled at Lufton College receive, as a minimum, universal SLT support, unless otherwise specified in their Education, Health and Care Plan (EHCP). This provision includes the following:

- **Communication Profile:** Each student is provided with a Communication Profile, accessible to all members of the education and care teams. This document outlines the individual's preferred methods of communication and includes recommended strategies to support and enhance their communicative abilities.
- **Staff Training and Support:** Staff receive ongoing training, professional advice, and access to tailored resources to ensure effective communication support across all settings.
- **Inclusive Communication Environment:** SLT contributes to the development and maintenance of an inclusive communication environment throughout the college.
- **Cross-College Goal Setting:** SLT input is incorporated into the formulation of students' cross-college goals related to speech, language, and communication.
- **Multi-Disciplinary Team (MDT) Engagement:** The SLT team actively participates in MDT meetings to ensure cohesive and collaborative support planning.
- **Ad-Hoc Support:** Responsive assistance is available to address specific short-term challenges faced by staff or students in relation to communication.

Occupational Therapy

Occupational Therapy (OT) support at Lufton College is overseen by Hollie, Consultant Occupational Therapist, and Laura, Newly Qualified Occupational Therapist, with support from Hannah, Integrated Therapy Assistant.

All students at Lufton College receive, as a minimum, universal OT support unless otherwise specified in their Education, Health and Care Plan (EHCP). This provision includes the following:

- **Sensory Plan:** Each student has a Sensory Plan accessible to all staff across education and care settings. This document outlines the individual's sensory profile and provides recommended activities to support regulation.
- **Staff Training and Support:** Ongoing training, professional advice, and access to resources are provided to enable staff to effectively support students' sensory and functional needs.
- **Low Arousal Sensory Environment:** OT input supports the development and maintenance of a low arousal sensory environment throughout the college.
- **Cross-College Goal Setting:** Occupational Therapy contributes to the development of students' cross-college goals related to functional, sensory, and independence skills.
- **Multi-Disciplinary Team (MDT) Engagement:** The OT team actively participates in MDT meetings to ensure a collaborative and holistic approach to student support.
- **Ad-Hoc Support:** Responsive input is available to address specific short-term challenges experienced by students or staff in relation to occupational therapy needs.

Positive Behaviour Support

Positive Behaviour Support at Lufton College is overseen by Mick, Behaviour Practitioner.

All students at Lufton College receive input from the Behaviour Support Practitioner as part of their universal provision. This includes:

- **Positive Behaviour Support Plan:** Each student has a bespoke Positive Behaviour Support Plan developed collaboratively by the Behaviour Practitioner, clinical team, key workers, house managers, parents, and other relevant stakeholders involved in the student's care and support.
- **1:1 Support:** Individualised support is provided to students to promote positive behaviour and emotional wellbeing.
- **Incident Support:** Direct assistance is available during behavioural incidents, as required, to ensure safety and support effective tension reduction.
- **Staff Training and Safety Intervention:** Staff receive comprehensive training, professional guidance, and access to resources to support the implementation of positive behaviour strategies. This includes Safety Intervention training, which equips staff with safe, ethical, and effective approaches to managing behaviours that challenge, with an emphasis on prevention, de-escalation, and least-restrictive practices.
- **Multi-Disciplinary Team (MDT) Engagement:** The Behaviour Practitioner participates in MDT meetings to ensure a coordinated and holistic approach to student support.
- **Ad-Hoc Support:** Responsive input is available to address specific short-term behavioural challenges experienced by students or staff.

Health

Nursing support at Lufton College is provided by the College Nurse, Sian, who is available on-site four days per week.

The College Nurse oversees the daily health needs of all students and works collaboratively with both care and education teams to manage health-related information and support. Universal nursing provision includes:

- **Health Monitoring and Support:** Oversight of students' physical health needs, including routine health checks, management of chronic conditions, and response to minor injuries.
- **Care Planning:** Support and review of individual Health aspects within care plans in collaboration with students, families, external health professionals, and the wider college team.
- **Health Promotion and Advice:** Guidance and education for students and staff on a range of health topics including nutrition, hygiene, immunisations, mental wellbeing, contraception, and lifestyle choices. This is delivered through a multi-disciplinary approach.
- **Clinical Liaison:** Support for visits from Dr Gul, Consultant Psychiatrist, including coordination of medication reviews and diagnostic assessments.
- **Multi-Disciplinary Team (MDT) Engagement:** Active participation in MDT meetings to ensure integrated and holistic support for students.
- **Ad-Hoc Support:** Responsive input for emerging health concerns or short-term medical needs affecting students.

Music Therapy

Music Therapy at Lufton College is delivered by Michael Angus, HCPC-registered Music Therapist, who attends the college three days per week.

Music Therapy is a recognised psychological clinical intervention that uses music to support individuals. It addresses a wide range of needs, including psychological, emotional, cognitive, physical, communicative, and social development.

This provision includes:

- **Therapeutic Intervention:** Music Therapy sessions are tailored to support students in expressing themselves, building emotional resilience, and enhancing their overall wellbeing through structured musical engagement.
- **Holistic Support:** Therapy may target a range of developmental areas including emotional regulation, communication, motor coordination, and social interaction, depending on the individual's needs.
- **Collaborative Practice:** Michael works closely with education, care, and therapy teams to ensure that music therapy complements the wider support framework in place for each student.
- **Multi-Disciplinary Team (MDT) Engagement:** Music Therapy input is shared within MDT meetings to contribute to a cohesive and person-centred approach to student wellbeing.

Physiotherapy

Physiotherapy support at Lufton College is provided by Kat, Physiotherapist, from Total Children's Therapy. She attends the college once per term for half a day. Her visits are coordinated by Hannah Jagger, Integrated Therapy Assistant, who oversees scheduling and appointment planning.

All students at Lufton College can have access to physiotherapy advice. This provision includes:

- **Functional Mobility and Rehabilitation Support:** Guidance and support for students experiencing challenges with functional mobility or requiring rehabilitation following injury.
- **Individualised Advice and Programmes:** Kat may offer tailored advice or develop physiotherapy programmes to support students' physical development and recovery.
- **Access to Clinics:** Students can attend scheduled physiotherapy clinics to receive input based on their individual needs.
- **Collaborative Working:** Physiotherapy input is delivered in partnership with the wider college team to ensure a coordinated approach to student wellbeing.

Psychiatry and Mental Health Support

Dr. Gul provides regular mental health support to Lufton College through regular on-site visits, virtual consultations, and direct communication with parents and stakeholders. This includes emergency out-of-hours support, ensuring continuity of care and responsiveness to urgent needs.

- **Medication:** Offering medication review, advice, and guidance in collaboration with relevant healthcare professionals, ensuring safe and effective treatment plans.
- **Multi-Disciplinary Team Engagement:** Supporting staff and families with strategies to manage mental health needs and promote wellbeing across the college community.

The college is currently recruiting for a full-time Mental Health Practitioner. This role involves delivering both direct and indirect mental health and trauma-informed support to students. The position is integral to enhancing student wellbeing and fostering a supportive learning environment.