

Outcomes:

Improved Emotional Regulation

Enhanced Social Confidence & Interaction

Boosted Self-Esteem

Successfully conquering physical challenges



Today we went to Big Sky in Peterborough.

We enjoyed playing in the soft play area. We played hide and seek and raced to the end to see who could complete the challenges the fastest.

We also had fun trying to walk using balance however we all fell down many times.

Quotes:

Ready or not hear I come

Can we stay for longer

This is so fun

