

**Outcomes:**

Social skills in public, gross motor skills, friendship building, team work, communication and expressing ideas, patience, self-regulation, resilience, kindness, cooperation, taking turn, sharing, strength.

Confidence, problem solving, creativity, expressive arts by creating own game, active learning through play, understanding the World



This Wednesday, our trip to High Lodge was a delight for our class. We were blessed with sunshine and warm weather.

On arrival, we decided to go on the forest hike first, followed by time at the playground. The children were excited about the hike and the opportunity to explore the High Lodge Forest. On the way, we stopped at a mini play station and bike pits, where the children could rest and, when ready, explore the play area.

By the time we completed the hiking route, it was lunchtime. After lunch, the children played at the final playground. They challenged each other, took reasonable risks, assessed their own abilities, and shared lots of laughter. They also created their own games and even challenged us adults to climb the tower and slide down from the highest slide.

**Quotes:**

Look is a bike pit!  
WOW!!!

I would like to come  
here with my bike.

Look how high I am!

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