

Antenna Afternoons: Fresh Air, Bright Smiles

Our end of term 'Antenna' walk had everyone in great spirits, with staff and young people enjoying the chance to get out into the fresh air on a mild and sunny afternoon. It was fantastic to see everyone smiling, chatting and making the most of the beautiful surroundings. 🌿

After seeing how much everyone enjoyed being outdoors, we're even more excited to incorporate this route into our regular education timetable next term! Through doing this, we're hoping to build positive routines around fresh air, exercise and wellbeing while creating time to connect, reflect and enjoy being outdoors together.

Moments like these remind us just how powerful a simple walk in the fresh air can be. Here's hoping for more sunshine soon! ☀️



