

**Outcomes:**

Physical coordination, teamwork and cooperation, communication, emotional regulation, problem solving, adaptability, social skills: sharing and playing together.

**Trip Report – Hunstanton Beach**

This week, our class enjoyed a lovely trip to Hunstanton Beach.

We began the day with crabbing, which proved to be a fun but challenging activity. As it was not easy to find crabs, some children showed flexibility by choosing to look for fossils and beach treasures instead. The children carefully used stepping stones to keep their feet dry, developing their balance and coordination.

At lunchtime, we went to the playground to have our lunch. After eating, the children had time to play, where they explored the equipment, challenged themselves physically, and enjoyed playing together.

Before heading home, the children were given a choice between ice cream or doughnuts. They were very excited about their treats, and we all sat together on the field to enjoy them. It was a calm and happy moment to end the day.

Overall, the day was full of fun and engaging experiences.

**Quotes:**

Yee!!! We going to the beach!

Oh! Look, look! There are crab.

Wow! This crab so big....

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