

POLICY –PSHE / PSE Education

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Policy Approver	Jo Dunn, Compliance, Regulation and Quality Director
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Staff groups affected	All Education

Monitoring and Review

This policy will be monitored on an ongoing basis through the service's established governance and quality assurance systems. Responsibility for ensuring that the policy remains compliant with legislation and regulatory frameworks sits with the Proprietor Representative and Regional Lead.

A formal review of this policy will be undertaken no later than three years from the date of approval, or sooner if changes in legislation, regulatory guidance, or operational requirements necessitate it.

The Head of Policy will support this process by identifying relevant changes in legislation, regulation, national standards and emerging best practice. The Head of Policy will also incorporate learning from inspections, audits and practice developments into future revisions whilst overseeing all proposed amendments to the universal content to ensure accuracy, consistency and compliance.

Terminology

Our aim is to use consistent terminology throughout this policy and all supporting documentation as follows:

Term	Definition
'Establishment' or 'Site'	A generic term referring to the school/college owned by CareTech.
Learner	Any child or young person under the age of 18, or young adult over 18 who receives education.
Service Head	The senior person with overall responsibility for the school/college.
Tutor/Teacher	Members of staff who have teaching responsibility for learners at the school/college.
Parent/Carer	Parent or person with parental responsibility.
Regulatory Authority	The independent regulatory body responsible for inspecting and regulating services (e.g., Ofsted, Estyn, Education Scotland).
Social Worker	The worker allocated to the individual learner; if none is allocated, the Duty Social Worker or Team Manager is responsible.
Placing Authority	The local authority/agency responsible for placing the learner or commissioning the service.
Local Authority	The local authority for the establishment's location.
Staff	All staff working at the location, including employed staff, students on placement, contractors, agency staff, volunteers and proprietors.

1. Local School/College Profile

Cambian Whinfell School offers up to 52-weeks residential placements and day places for local students.

The School offers OUTSTANDING care and education for boys and young men aged 7-19. Students often arrive after difficult education and domestic experiences and are potentially lacking of confidence. Whinfell School provides stability, consistency and a sense of belonging within a safe and nurturing environment, whilst supporting students academic, social and emotional development to prepare them for the future. Our young people have often experienced significant disruption to their schooling in the past and may come to us from multiple placement breakdowns. They may also present a risk to themselves or others due to high levels of challenging behaviour or deficits in personal development. Typically they are very disengaged, isolated and have little self-belief. By prioritising these deficits we create the conditions for young people to re-engage in education and achieve their full potential.

We believe that it is not enough to just provide a safe and happy school experience. We prioritise connections before corrections, recognising that strong, trusting relationships form the foundation for genuine growth and learning. In a supportive way, we want to challenge all of our young people to grow as individuals and acquire the skills, confidence, knowledge and qualifications to be as successful and resilient as they possibly can be when they eventually move on to further education or independence

2. Purpose

The purpose of this policy is to set out how our School delivers high-quality PSHE ensuring that all Learners develop the knowledge, skills and values needed to lead healthy, safe and fulfilling lives. Through this policy we aim to promote Learners' personal, social, emotional and economic development, support their wellbeing, strengthen relationships and community cohesion, and prepare them for the opportunities, responsibilities and experiences of adult life.

This policy governs the PSHE education and citizenship in our School encompasses all areas designed to promote Learners' personal, social and health development. It allows Learners to build the knowledge, skills and understanding they need to stay healthy and safe, develop worthwhile relationships, respect differences, improve independence and responsibility, and make the most of their own abilities and those of others. It has strong links with Spiritual, Moral, Social and Cultural (SMSC) / the National Healthy Schools Values.

3. Scope (Universal Application)

This organisational policy applies across all education sites, services and functions. It establishes the universal standards and expectations that must be followed consistently throughout the organisation.

Each site must implement these standards in accordance with the statutory and regulatory requirements of the nation in which it operates as set out in **Appendix A-C**.

4. Local Adaptation Requirement (*Adapt Locally*)

Some sections in this policy are marked *Adapt Locally*. These sections are completed by each site to reflect local operational procedures or national equivalents (e.g., safeguarding framework, inspection remit, curriculum/quality framework, data protection contacts).^{**}

Where England-specific statutory references appear in the universal policy, sites in Wales insert their own national equivalents into the marked *Adapt Locally* sections.

All local additions must be:

- Accurate
- Up to date
- Consistent with national legislation and regulator guidance
- Fully aligned with the universal standards in this policy
- Where no local adaptation or local equivalent is required, the universal content remains fully applicable.

5. Legal and Regulatory Context (Universal)

Whinfell School is governed by the statutory duties, safeguarding requirements and inspection arrangements of the nation in which it operates. The universal standards in this policy are implemented in line with the correct national frameworks set out in **Appendices A–C**, which summarise the legal, regulatory and inspection requirements for England, Wales and Scotland.

6. Aims

Whinfell School recognises that the personal and social development of Learners is increasingly a major aim of education. Far from being on the fringes, PSHE is at the heart of everything that takes place in our School/College. As Learners grow up, they will begin to encounter more and more people from all walks of life, and it pays to be furnished with a global view of a world which is ever breaking down the boundaries and distances between different cultures and beliefs. Universities cry out for Learners who are more ‘rounded’, and workplaces of all shapes and sizes advertise for candidates who can show good interpersonal skills and an understanding of the needs of others.

We comply with all relevant national legislation and statutory requirements that apply in our School/College. This includes our duty to provide a balanced and broadly-based curriculum that promotes the spiritual, moral, cultural, mental and physical development of Learners, and prepares them for the opportunities, responsibilities and experiences of adult life.

Whinfell embraces this as the backbone of its PSHE philosophy. With all this in mind, the PSHE programme aims to instil an understanding in all Learners that academic success alone is not sufficient. PSHE education is concerned with the education of the whole person. It complements classroom teaching and supports the wider staff team in monitoring the emotional and social well-being of Learners.

We want our Learners to like themselves and to feel confident. To this end we will:

- promote a healthy lifestyle
- prepare Learners for the opportunities, responsibilities and experiences of adult life
- offer opportunities to achieve physical, psychological and social potential
- promote attitudes and behaviour which contribute positively to relationships
- promote positive attitudes towards equal opportunities and multicultural society
- encourage the development of personal skills needed to function successfully
- ensure Learners can understand and respond to risk, including extremism, new technologies, substance misuse, gangs, relationships and safety.

7. Programme Content

Personal: The personal aspects of PSHE education look to develop the whole individual. It supports the progression of qualities and skills Learners already have. Through becoming aware of their own emotions and how to manage them, Learners can feel empowered to deal with the challenges that life can bring. This also supports their independence and the capacity to take responsibility for their actions.

Social: The social element focuses on cohesion in both the School and wider community. It aims for Learners to live alongside one another regardless of race, sex, disability or faith and to judge all people fairly and equally. Learners learn to value each other's individuality and explore issues such as bullying including racist, homophobic and cyber-bullying. Relationships and Sex Education / Relationships and Sexuality Education (RSE) is also a crucial part of social and health education to ensure that Learners have the information and understanding to make informed choices.

Health: Health education aims to promote an understanding of a range of issues which impact upon lifelong health. It deals with promoting the importance of a balanced diet combined with physical activity to ensure a high level of physical and mental wellbeing. It also covers issues such as substance and alcohol misuse and the impacts this can have on the individual and others around them.

Economic: Economic education aims to teach Learners about the economy and how to manage their personal finances. It aims to provide Learners with knowledge and tools to improve their economic wellbeing and the ability to deal with the financial decisions they must make in the future.

8. Behaviour and Relationships

As part of our Behaviour and Relationships Policy, Whinfell School believes all Learners and adults have the right to live in a supportive, caring environment on Site. Learners must feel safe and free from bullying and harassment including cyber-bullying and prejudice-based bullying.

9. Spiritual, Moral, Social and Cultural Development (SMSC)

In our School/College we plan and provide effectively to develop Learners' SMSC awareness.

Learners are supported to strive for academic excellence and develop qualities of character needed to contribute positively to society.

We:

- support Learners to become confident contributors to their communities
- help them understand diverse cultures
- support appreciation of diversity and resistance to racism
- ensure understanding of risks including extremism and substance misuse

SMSC aims include supporting Learners to:

- develop confidence and self-esteem
- understand right and wrong
- accept responsibility
- take part in socially demanding activities
- develop leadership skills
- reflect on beliefs and values
- appreciate cultural diversity
- respect differences including gender, race, faith, culture, sexuality and disability
- understand public institutions in England
- participate in cultural, artistic and sporting opportunities

Learners should understand:

- democratic processes
- rule of law
- separation of powers
- freedom of belief
- tolerance
- discrimination and how to challenge it

Objectives

- We aim to:



- teach Learners facts about growth and development
- help them understand concepts like tolerance, respect and equality
- build skills for safety, discussion and decision-making
- encourage informed attitudes
- nurture a strong value set
- empower Learners to challenge stereotypes

10. Curriculum Delivery

We use curriculum, extracurricular experiences and interactions with teachers/tutors and other adults to support Learners' development. We provide broad opportunities across Sites. PSHE / PSE and citizenship are delivered through tutorials, assemblies and circle time.

11. Inclusion

PSHE PSE and Citizenship are taught to all Learners irrespective of ability. Teachers/tutors adapt learning for those with identified needs. Gifted Learners receive opportunities to lead.

12. Teaching and Assessment

PSHE is not a statutory subject in England and has no summative assessment / In Wales, PSE is a statutory subject and forms part of the basic curriculum for Learners aged 7–16.

Teachers/tutors use formative assessment, with discussion being a major method.

Drama and role-play help Learners explore ideas. Peer and self-assessment enable reflection.

13. RSE

RSE is delivered as part of PSHE by teachers/tutors of all genders.

14. Continuity, Progression and Cross-Curricular Links

Continuity is maintained through structured planning. PSHE / PSE links with science, literacy, geography, history and art. Coordination across teachers/tutors strengthens delivery.

15. Time Allocation and Staffing

PSHE is delivered by class teachers/tutors and through key worker sessions across all Sites. The Jigsaw programme underpins emotional and mental well-being.

16. Equal Opportunities

All activities encourage full participation regardless of gender, culture, ability or background.

17. Assessment, Recording and Reporting

Assessment focuses on self-assessment, group work and discussion. Work may be recorded in written, oral, artistic or photographic formats.

18. Parental and Community Involvement

Parents are kept informed and invited to participate in events on Site. External agencies support delivery as part of a multi-agency team.

19. Monitoring

Monitoring is based on observation and discussion.

20. School/College Voice

Learner representatives are elected annually. The Headteacher/Principal discusses their feedback with the wider community.

21. Resources and Display

We use the Jigsaw programme. Displays across Sites showcase PSHE / PSE work and celebrate Learner achievement.

22. Learning Support Provision

PSHE offers diverse learning modes. Staff teams are aware of any sensitive issues. PSHE is not examined and does not require streaming.

23. Curriculum Enrichment

We offer trips, workshops and external speakers to enrich learning.

24. Development Priorities

- Build a strong programme of outside speakers
- Involve more classes in charity and community work
- Increase staff team training in PSHE delivery

Equality Impact Statement

This policy has been developed to promote equality, safeguard individual's rights, and ensure fair and inclusive practice across all services. The potential impact of the policy on children, young people, young adults, families, and staff with protected characteristics has been considered in line with the Equality Act 2010.

No negative impacts have been identified. Staff must apply this policy with sensitivity to individual need and make reasonable adjustments to ensure equitable access, safety, wellbeing, and participation for every individual. Any emerging risks of differential impact should be reported and addressed through ongoing review and quality assurance.

Appendix A — England

England's PSHE framework is England's legal framework for PSHE is grounded by statutory duties and Ofsted's inspection requirements.

1. Ofsted — Education Inspection Framework (EIF)

What this means:

- The EIF sets how Ofsted evaluates curriculum, personal development, safeguarding and leadership. PSHE is a key part of the *Personal Development* judgement.

What this requires:

- A coherent PSHE curriculum that supports wellbeing, safety, inclusion and preparation for life.
- **Link: Education Inspection Framework (Ofsted)**
- <https://www.gov.uk/government/publications/education-inspection-framework/education-inspection-framework-for-use-from-november-2025>

2. Independent School Standards 2014 (ISS)

What this means:

The Independent School Standards legally require schools to promote pupils' welfare, SMSC development and high-quality education. PSHE directly supports Parts 1, 2 and 3. [\[schoolsweb...ire.gov.uk\]](https://schoolsweb.derbyshire.gov.uk/)

What this requires:

- PSHE must evidence SMSC, wellbeing, safety, equality and personal development.
- **Active links:**
- **Independent School Standards Regulations 2014**
<https://www.legislation.gov.uk/uksi/2014/3283>
- **DfE Independent School Standards Guidance 2019**
https://assets.publishing.service.gov.uk/media/67605baec80a844a7aa4b7cb/Independent_School_Standards_Guidance.pdf

3. Equality Act 2010 (Education Duties)

What this means:

Sites must eliminate discrimination, promote equality and foster good relations. PSHE supports these duties by promoting respect, inclusion and understanding of protected characteristics. [\[education.gov.scot\]](https://www.education.gov.scot/)

What this requires:

- Inclusive PSHE content and accessibility for SEND learners.
- **Link: Equality Act 2010 — Education Guidance**
<https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools>

4. Safeguarding

What this means:

- National safeguarding expectations requires sites to use PSHE to develop learners' awareness of risk, safety, boundaries and help-seeking behaviours.

What this requires:

- PSHE must strengthen digital resilience, safe decision-making and protective behaviours.
- **Active link: Keeping Children Safe in Education (KCSIE)**
<https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>

Appendix B — Wales (Integrated for Schools and Colleges)

Curriculum for Wales — Health & Well-being Area of Learning and Experience (HWB AoLE)

What this means:

- The Health & Well-being AoLE is part of the statutory Curriculum for Wales framework for all learners aged 3–16. It sets national expectations for personal development, emotional wellbeing, relationships, decision-making, safety and citizenship.
- FE providers are expected to continue these principles in post-16 learning, promoting wellbeing, resilience and personal development as part of learner entitlement.

What this requires:

- A coherent PSE/Wellbeing curriculum that reflects the four purposes, supports progression, and develops healthy, safe and confident individuals.

- FE settings must demonstrate continuation of wellbeing education within local 16-18 curricula
- **Active link** Curriculum for Wales — Health & Well-being (Hwb)
<https://hwb.gov.wales/curriculum-for-wales>

2. Public Sector Equality Duty (PSED) — Equality Act 2010 (Wales)

What this means:

- The PSED requires all Welsh education providers to eliminate discrimination, advance equality and foster good relations. PSE plays a central role in achieving this.
- The duty applies across all protected characteristics.

What this requires:

- PSE must promote inclusion, respect, equality and anti-bullying culture.
- Providers must ensure accessible, inclusive content for all learners, including those with ALN.
- **Active link:** Public Sector Equality Duty for Schools in Wales
https://www.equalityhumanrights.com/sites/default/files/ehrc_psed_guide_for_schools_in_wales.docx

3. Curriculum and Assessment (Wales) Act 2021

What this means:

This Act establishes the Curriculum for Wales in law and sets requirements for progression, assessment, and mandatory curriculum elements across 3–16 education.

FE providers must align personal development activity and build upon the Act's principles to support continuity of wellbeing and learner development.

What this requires:

- Schools must show that wellbeing, personal development and safety education reflect the Act's purposes and progression expectations. FE sites must show that PSHE-aligned 16–19 curricula build upon and continue the wellbeing, inclusion and personal development principles established in the Curriculum for Wales, ensuring continuity for learners progressing from 3–16 education.
- **Active link:** Curriculum for Wales — Summary of Legislation
<https://hwb.gov.wales/curriculum-for-wales/summary-of-legislation>

4. Safeguarding & Online Safety (Welsh Government / Hwb)

What this means:

- Welsh Government online safety guidance identifies risks relating to misinformation, digital behaviour, grooming and exposure to harmful content. PSE is a key mechanism for protective education.

What this requires:

- PSE must strengthen digital resilience, responsible online behaviour, safe decision-making and awareness of reporting routes.
- **Active link:** Hwb — Online Safety & Safeguarding Guidance
<https://hwb.gov.wales>

5. Estyn — Inspection Expectations for Wellbeing & Personal Development

What this means:

Estyn evaluates how well schools and FE providers promote learners' wellbeing, safety, inclusion, and personal development. PSE is part of these judgements.

What this requires:

- Providers must evidence planned, coherent PSE delivery that supports wellbeing, positive relationships, resilience and safety across all learner groups.
- **Active link:** Estyn — Curriculum for Wales References
<https://democracy.swansea.gov.uk/documents/s110851/Education%20Scrutiny%20Panel%20June%202025%20-%20Curriculum%20for%20Wales%20update%20v1.0.pdf>

6. Agored Cymru — Personal and Social Education Qualifications (Optional in FE)

What this means:

- Agored Cymru PSE qualifications align with Wales's PSE framework and support themes such as wellbeing, citizenship, relationships, decision-making and resilience. These may be used in FE and specialist settings.

What this requires:

- Where used, sites must ensure PSE delivery aligns with qualification outcomes and supports wider wellbeing and personal development goals.
- **Active link:** Agored Cymru — PSE Qualifications
<https://www.agored.cymru/Units-and-Qualifications/Learning-Core/Personal-and-Social-Education>